

## SEE PAGE 2 FOR A DETAILED DESCRIPTION OF THE ACADEMY TRAINING.

One session per week starting May 21, 2024

Choose the session that suits you, based on the appropriate age group and your availability, from these training session options. Registration is for one session per week.

AGE GROUP	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
U10 to U12 (born 2014, 2013, 2012)	18h30-19h30	18h30-19h30	18h30-19h30	18h30-19h30	9h30-10h30
U13 to U15 (born 2011, 2010, 2009)	19h30-20h30	19h30-20h30	19h30-20h30	19h30-20h30	10h30-11h30
U16 + (born 2008 and before)	21h-22h	21h-22h	21h-22h	21h-22h	

Duration: 13 weeks starting the week of May 21, ending the week of August 20 to 24.

Fee: \$520 for 13 sessions

## GOLDEN GLOVES ACADEMY

The position of goalkeeper is a vector of values that contributes to the sporting and human development of the child.

Our academy aims to lead the young goalkeeper to create his/her difference by drawing confidence from his ability to regularly make efforts in order to achieve his/her objectives and his/her best technical and tactical level.

In order to ensure the success of young goalkeepers, our academy has been based above all on respect, listening, commitment and support.

This program is open to all motivated goalkeepers, regardless of their technical level, who wish to develop.

Our focus has remained the same for the past 12 years, to allow our youth to realize their full potential on the field, combining training with the pleasure of playing soccer, and particularly playing as goalkeepers, under the supervision of a coach with professional experience.

## Qualities developed:

Physical qualities

Reaction speed, coordination of movements, agility-mobility and explosive strength.

Technical qualities

Ball catching/handling, dives, deviations, high balls, distribution, footwork and 1 on 1 interventions.

**Tactical qualities** 

Closing angles, anticipating, positioning on standard situations, positioning the barrier (wall) and direction of the defensive line.

Psychological qualities

Concentration, courage and emotional management.

## Coach:

Tayeb Djebbari, Director of Goalkeeper Development.

Click here to read Tayeb's biography.