

Discover the Nutritional Story in your Blood Test™



Did you know that many symptoms may be the result of nutritional imbalances?

- **Fatigue**
- **Weight gain**
- **Cardiovascular issues**
- **Mood swings, memory loss**
- **and more**

When key nutrients become deficient, many metabolic processes are affected. The body may initially try to compensate for such imbalances. However, if they are prolonged, they may contribute to hormonal issues, metabolic disorders, increase in toxic load, oxidative stress, organ weakness, etc.

The latest scientific research can help to identify a person's nutritional needs and customize an effective regimen of nutrients. The cornerstone of an effective health strategy is a nutritional and lifestyle plan that is based on your biochemistry. ***What your body needs is revealed in your BLOOD TEST!***



Nutritional analysis of your Blood Test may indicate the need for:

- Diet and lifestyle changes
- Nutritional support of metabolic pathways
- Nutritional support of key organs
- Key nutrients such as vitamin A, B6, B12, D
- Fluid and electrolyte balance
- Minerals such as magnesium, calcium, and iron
- Tissue hydration, and much more

One of the most scientific ways to identify nutritional imbalances is to have your blood test evaluated by a nutritionally trained doctor or healthcare practitioner.

We offer an innovative, science-guided approach to assess a person's nutritional status, through individualized blood analysis. This unique scientific approach can offer a clear plan for to support your health.

A comprehensive blood test is affordable and results are normally received within a few days. You will get a full-color report with educational material, customized dietary recommendations with important nutritional information, as well as dietary supplements when necessary, plus important lifestyle considerations. We will then monitor to see how your blood test responds to this program and adapt your regimen accordingly.

So why not take the first step at discovering the nutritional story in your blood test?

