


# June Month-At-A-Glance

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	<b>3</b> 11:30 Floor Class 11:30 Pool 12:15 Cardio & Cybex 1:00 WellREP   145 1:00 Boxing (Adv.)	4	<b>5</b> 11:30 Pool & Cardio 11:30 Bal-Vis (Basic)   145 12:15 Bal-Vis (Adv)   145 1:00 WellREP   145 1:00 F45 2:00 Yoga	6	<b>7</b> 10:00 Education Series (Room 105) Topic: Oral Health   Dr. Jeter 11:00 F45 11:15 Fall Prevention   145	8
9	<b>10</b> 11:30 Floor Class 11:30 Pool 12:15 Cardio & Cybex 1:00 WellREP   145 1:00 Boxing (Adv.) 6:15 YOPD Empowerment 7:00 YOPD F45	11	<b>12</b> 11:30 Pool & Cardio 11:30 Bal-Vis (Basic)   145 12:15 Bal-Vis (Adv)   145 1:00 WellREP   145 1:00 F45 2:00 Yoga	13	<b>14</b> 10:00 Summer Games! 11:00 F45 11:15 Fall Prevention   145	15
<b>16</b> Happy Fathers Day! 	<b>17</b> 11:30 Floor Class 11:30 Pool 12:15 Cardio & Cybex 1:00 WellREP   145 1:00 Boxing (Adv.)	18	<b>19</b> <b>HESKETT CLOSED</b> <b>NO CLASSES</b>	20	<b>21</b> 10:00 Summer Games! 11:00 F45 11:15 Fall Prevention   145	22
23	<b>24</b> 11:30 Floor Class 11:30 Pool 12:15 Cardio & Cybex 1:00 WellREP   145 1:00 Boxing (Adv.) 6:15 YOPD Empowerment 7:00 YOPD F45	25	<b>26</b> 11:30 Pool & Cardio 11:30 Bal-Vis (Basic)   145 12:15 Bal-Vis (Adv)   145 1:00 WellREP   145 1:00 F45 2:00 Yoga	27	<b>28</b> 10:00 Summer Games! 11:00 F45 11:15 Fall Prevention   145 12:00 Final/Celebration Friday!	<b>29 Walk/Run Event</b> <b>Sunglasses Race!</b> 535 W. Douglas Ave #130 Wichita, KS US 67213  <b>5k: 8:00 &amp; 10:00 AM</b>
31	<b>July 5<sup>th</sup> NO EDUCATION SERIES</b>  <b>July 4<sup>th</sup> &amp; July 5<sup>th</sup> – NO CLASSES   Heskett Closed</b>					