

2025 Missouri American Legion Rules

These rules are the exceptions with clarifications to the National Rule Book.

A/Freshman & AA/Junior Levels shall follow the ALB Junior National Rule Book.

AAA/Senior Level shall follow the ALB Senior Rule Book.

[Senior Rule Book Link](#)

[Junior Rule Book Link](#)

Designated Hitter:

A/AA can be for any position player in the lineup.

AAA can be for the pitcher only.

The "Ohatani" Rule is not legal at any level.

The player being hit for and the hitter are locked together in that spot of the batting order.

No multiple substitutions may be made to alter the batting order.

This will be in place through the state tournaments.

Courtesy Runners:

All levels will allow for courtesy runners for the pitcher AND catcher.

The courtesy runner cannot be a player that has participated in the lineup.

The courtesy runner cannot run for the pitcher AND catcher in the same inning.

Clarification: The same player may run for the pitcher and the catcher.

Note: using the last out as the courtesy runner is NOT legal.

Using courtesy runners is NOT mandatory.

See rule 1-G if further clarification is needed.

This will be in place through the state tournament.

Re-Entry:

Re-entry is allowed at all levels for the starting lineup only including the DH. Re-entered players must return to their original spot in the lineup and can only re-enter once.

Substitutes may not re-enter.

Starting defensive players cannot also be the DH.

See rule 1-T if further clarification is needed.

This will be in place through the state tournaments.

Pitching Rules:

Pitching rules will follow the national rules at all levels. All levels will have the 105 pitch limit regardless of age.

See details at Rule 1-Section S

This will be in place through the state tournaments.

Ejections:

Players and coaches ejected shall sit out the remainder of that game and the next scheduled game. Appeals can be made to the Zone Commissioner. This will be in place through the state tournaments.

Balks:

Balks are live pitches in American Legion Baseball. Teams can elect the final result of the play.

Electronic Communication:

Teams are permitted use of one way communication between the dugout and catcher only. Use between any other player is illegal. Penalty is ejection of player and team manager. This will be in place through the state tournaments.

Player Recruitment:

Missouri only utilizes Plan B for recruitment of teams.

Rules & Tournament Committee

Zone 1: Kent Getsee & Jason Howard

Zone 2: Connor Spunaugle

Zone: 4: Mark Lewis

[STATE CONTACT LIST IN THIS LINK](#)