

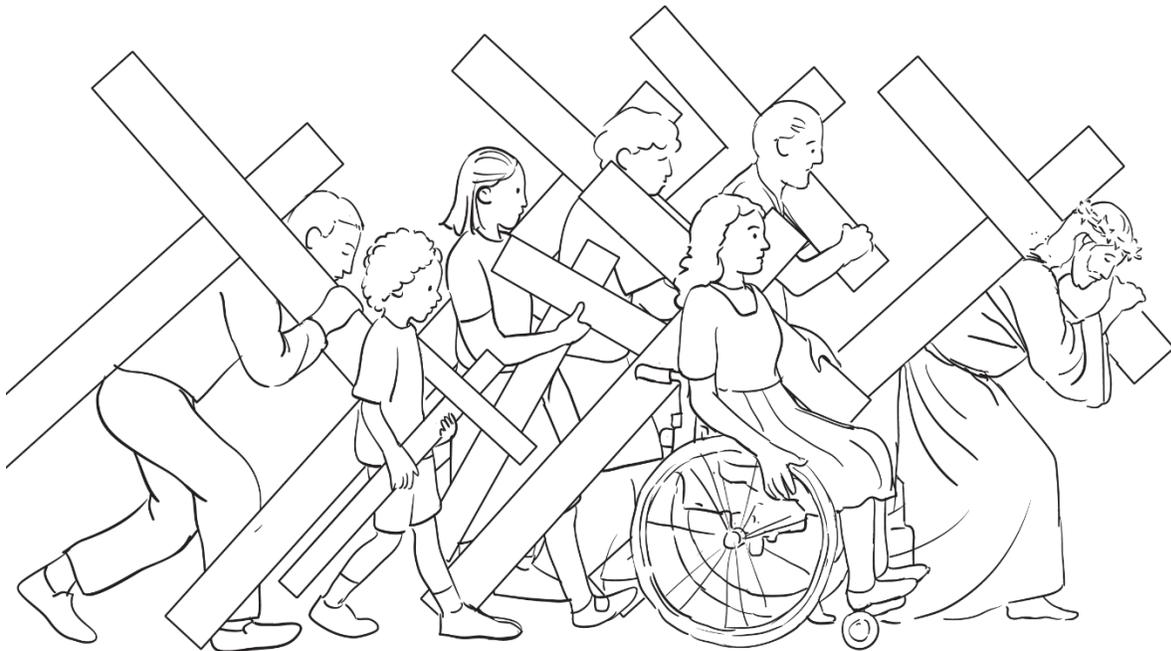


Catholic Mom
HOLY CROSS
FAMILY MINISTRIES

SUNDAY GOSPEL ACTIVITIES

Whoever does not carry his own cross and come after me cannot be my disciple.

Luke 14:27



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“The Family That Prays Together, Stays Together.” - Venerable Patrick Peyton
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SUNDAY GOSPEL ACTIVITIES

Family Activity Page

23rd Sunday of Ordinary Time

Luke 14:25-33

In this week's Gospel written by Luke, Jesus continues to teach His followers and disciples what it means to be a Christian. Jesus Christ always instructs us in exactly what we need to do to truly follow Him. Jesus tells us that we must ALWAYS put God the Father at the center of our life. This makes sense, since we should never be more attached to the things of this world than we are to our Creator!

How can you put this into action on a daily basis? You must share what you have with others! If you have two pencils but your classmate has none, share one of your pencils! If the new student in school is sitting by themselves at lunch, be a friend and sit next to them! There are many ways to be "Christ-like" (or Christian) in your world! Just ask Jesus to help you to be His hands and feet and heart wherever you are! That applies at home, at school, and at church!

Activities:

- It is the start of a new school year! As you plan your days, set aside five minutes to pray each day (at the beginning or end of the day, or both!). Ask Jesus and the Blessed Mother to walk with you and help you!
- Is there someone in your family you could help this week? Perhaps you could offer to do a chore or play with a sibling or even let someone else take the larger piece of chocolate cake.
- Set aside any clothing that no longer fits you or that you don't wear anymore. Donate it to someone who can make good use of the items!



Sunday Gospel Activities

Name: _____

Sunday, September 7

Worksheet for ages 7 to 10 years old

1. Today is the _____ Sunday in Ordinary time.
2. Match the scripture to the reading:

Psalm 90	Gospel
Luke 14:25-33	2 nd Reading
Wisdom 9:13-18	Responsorial Psalm
Philomen 9-10, 12-17	1 st Reading
3. The response to the Psalm is "In every age, O Lord, you have been our refuge."
What does this mean:
 - (a) When we are an adult God will help us.
 - (b) God is with us and helps us always.
 - (c) We cannot ask God to help us.
4. What does Jesus ask us to carry in the Gospel?
 - (a) rocks
 - (b) our backpack
 - (c) our cross
 - (d) toys

What do you think this means? Circle the ones that can help you every day.

Do what God asks us to do without complaining.

Be grateful for the good in your life.

Pray even if you are having a bad day or something sad happens to you.

Yell at your family when you are angry.

Be mean to your friends when are sick.

Sunday Gospel Activities

Name: _____

Sunday, September 7, 2025

Worksheet for ages 11 to 14 years old

1. What day is it today in the Church's calendar?
2. Match the scripture to the reading:

Psalm 90	Gospel
Luke 14:25-33	2 nd Reading
Wisdom 9:13-18	Responsorial Psalm
Philomen 9-10, 12-17	1 st Reading
3. The response to the Psalm is "In every age, O Lord, you have been our refuge."
4. What does Jesus ask us to carry in the Gospel?
5. Does God want us to hate our families? Who should come before our family? (hint, Jesus is exaggerating to make a point about who we ought to love the most.)
6. How can we carry our own cross and love as Jesus is asking us to?

SUNDAY GOSPEL ACTIVITIES

Unscramble each word and write it in the blank provided.

1. anslp _____

2. okerb _____

3. o ordl _____

4. dsneksni _____

5. rndebusu _____

6. somdwi _____

7. rryac oury ossrc _____

8. susej _____

9. clipdesi _____

10. aenvhe _____





Sunday Gospel Activities

Hail Mary, full of grace.

Our Lord is with thee.

Blessed art thou

among women,

and blessed is the fruit of

thy womb, Jesus.

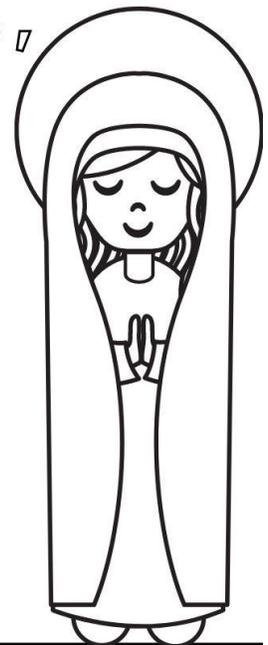
Holy Mary, Mother of God,

pray for us sinners,

now and at the

hour of our death.

Amen.





Sunday Gospel Activities



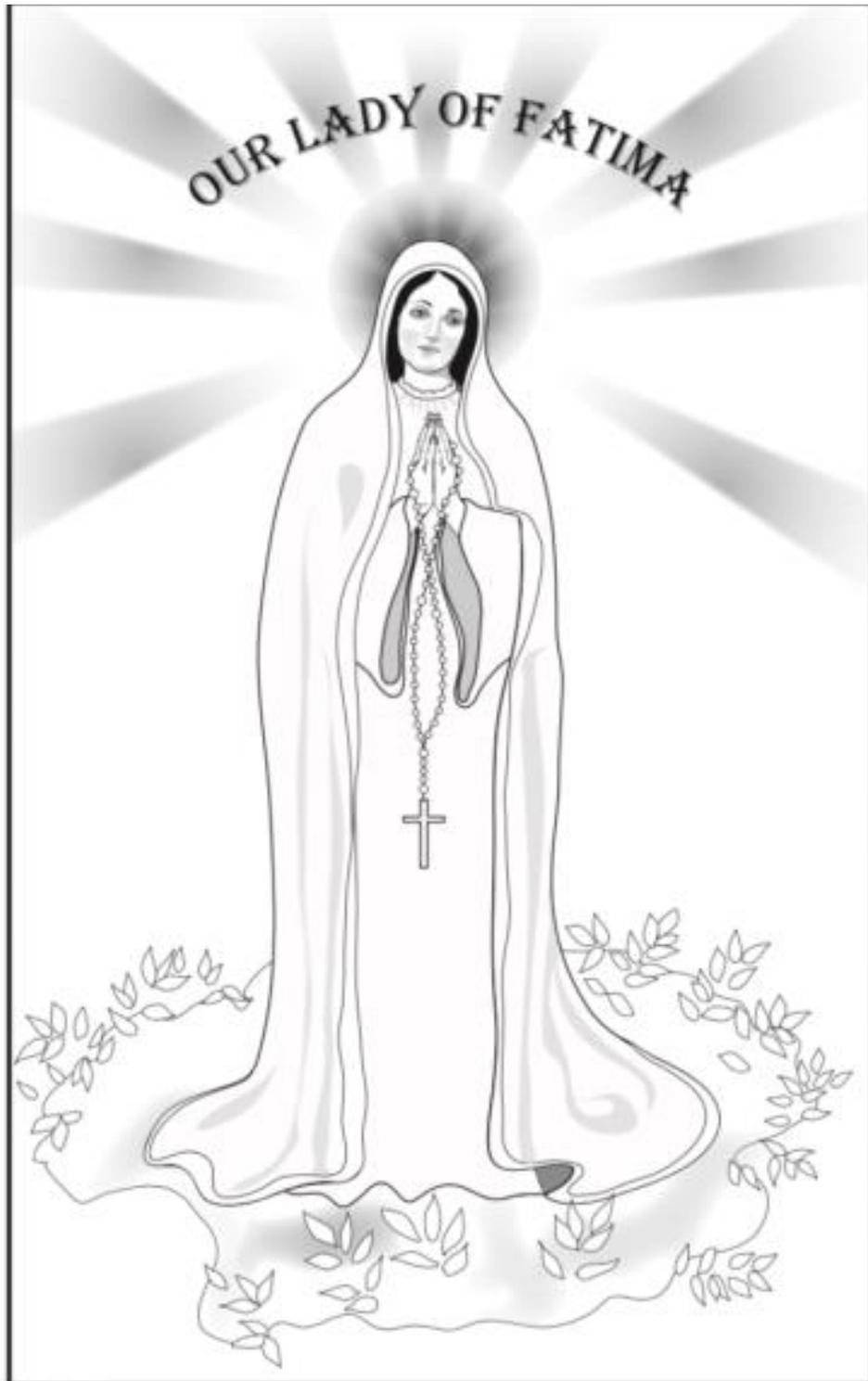
*Remember, O most gracious Virgin Mary, that
never was it known that anyone who fled to thy
protection, implored thy help,
or sought thy intercession was left unaided.
Inspired by this confidence, I fly unto thee, O
Virgin of virgins, my mother; to thee I come,
before thee I stand, sinful and sorrowful.
O Mother of the Word Incarnate, despise not my
petitions, but in thy mercy hear and answer me.
Amen.*

Flowers for Mary





Sunday Gospel Activities

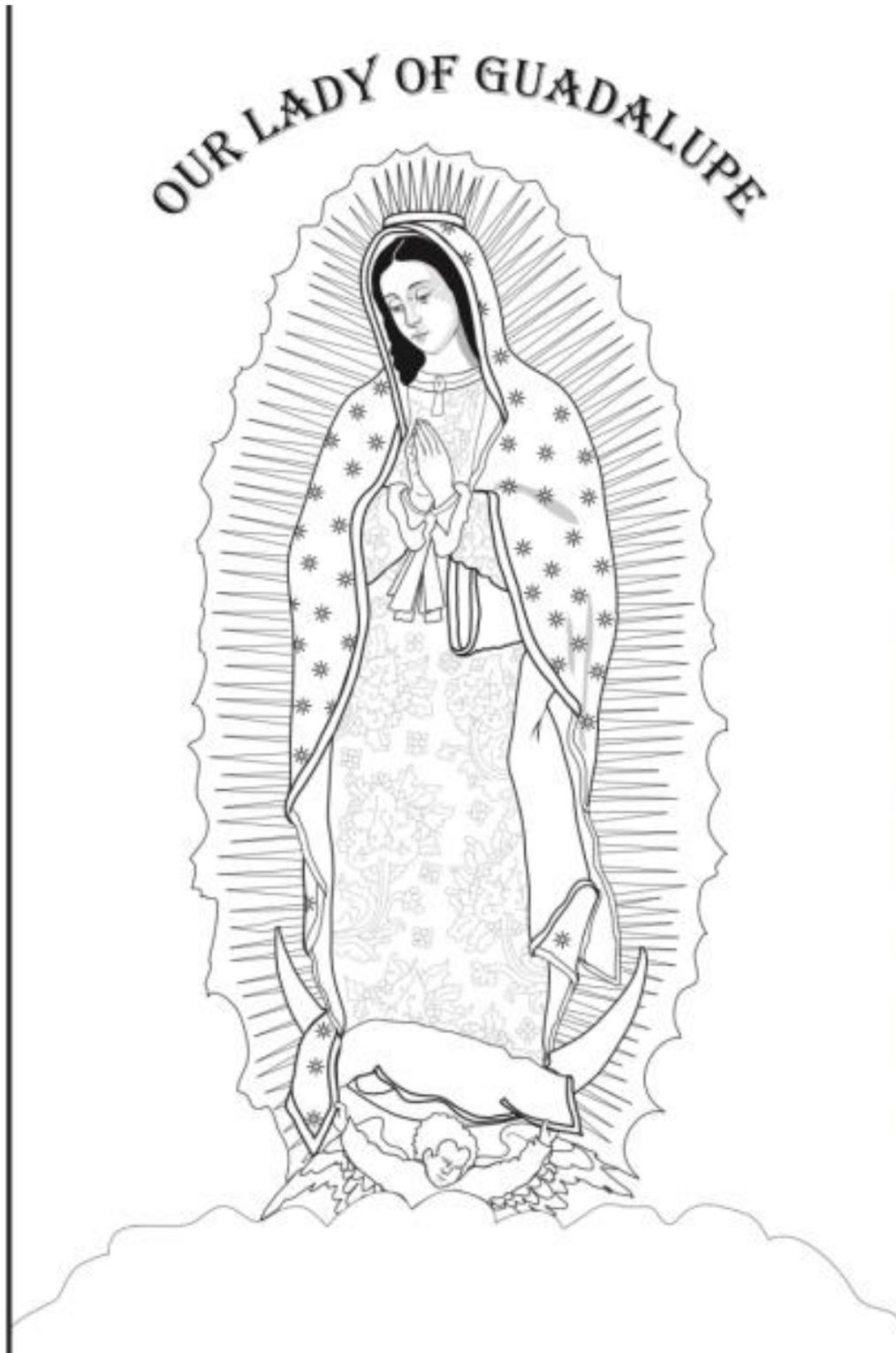


From *Tracking Mary: Mysteries and Messages*, A Catholic Vacation Bible School
GrowingwiththeSaints.com

Brought to you by CatholicMom.com and Holy Cross Family Ministries.
THE FAMILY THAT PRAYS TOGETHER STAYS TOGETHER.



Sunday Gospel Activities



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SUNDAY GOSPEL ACTIVITIES

