

Name:

Date:

Power of Reconciliation

- 1.) We look for **fulfillment in** all the wrong places
- 2.) We find fulfillment in which is actually called **emptiness**

Chapter 1: Wake up

- 1.) Call us out of our own **routine and** think more about where we've **been and** where we are **right now** and where we are **going**
- 2.) It is the **root of** the **behavior that** causes the guilt.
- 3.) Guilt helps you respond and take action to make **amends**
- 4.) Your conscious helps take **responsibility**, and say I'm **sorry**

Chapter 2: Guilt

- 1.) It alerts us that something is not **right**
- 2.) We try to **convince** ourselves that it's not a big deal
- 3.) When we change our **actions** and do what is right, or do, we change our ideas to **justify** what we're doing wrong.
- 4.) **Rationalizing: convinces** yourself what you are doing is okay even when you knew it wasn't
- 5.) **Excuse: not taking responsibility** for your own sin

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- 1.) **Blame:** easier to think that something else holds the responsibility for our own negative thoughts or behavior
 - 2.) **Distraction:** we have become a human **doing** rather than a human **being**

Genesis:

- 1.) In the **beginning**, God created the heaven and the **Earth**
- 2.) God didn't just want to give them **life...** He gave His very **self to** them.
- 3.) Sin is not so much about breaking a **rule**, but more about breaking a **relationship**.
- 4.) Take **ownership of** your actions
- 5.) Adam **blames** (sin) on the woman (Eve) and then he blames **God**
- 6.) God's reaction: "**Where** are you?"

Chapter 3: Who is God?

- 1.) God is **Love**
- 2.) It's not about what do you want from me, but what He wants **for** us
- 3.) He is longing to give us the gift of His **Mercy**
- 4.) There's only one sin that God doesn't **forgive**, it is the one that we don't ask forgiveness for.
- 5.) We are loved despite our **weaknesses, Failures**, human **conditionhh**, and we are loved anyways.

Guilt

- Commonly quoted passages from the New Testament is: Gospel of **John** chapter 8.
- Lord starts writing in the **sand**
- He doesn't **condemn** her, He **loves** her
- We are not our **sin**
- God knows your **sins**, but calls you by **name**
- The Devil knows your **name**, but calls you by your **sins**
- It frees me to go **forward**, and it frees me to be who I am. It **restores** my **identity** so that I can be who God made me to be in His eyes of **love** and **mercy**.
- It's an invitation to **grace** and **life**

Mercy of Christ

- When He created the universe, He made good things out of **nothing**. When He sanctifies us, He makes **saints** into **sinners**.
- God loves us so much, **He** became **one of us**.

Ministers of Mercy

- John 20 → As the father has **sent** me, even though so, I **sent** you.
- If you forgive the sins of **any**, they are **forgiven**.
- Exodus 20 → You speak and we will **hear** what he has to say through you.
- God gave his **apostles** the **authority** to forgive sins.
- In persona Christi → **acting** in the person of Jesus **Christ**

- Matt 8 → **receive** your sight, rise, take up your pallet, and **walk**

Human Needs:

- Saying, I'm **sorry**, please **forgive** me

Real Healing:

- Removing the **stain**
- Heal the wounds in our **soul**
- Dig down deep to the **causes** of these sins

Rites Explained

- 1.) There's no sin that God cannot FORGIVE
- 2.) Leaving with a DESIRE to give that to others
- 3.) They are those ACTS of the divine power themselves
(sacraments)
- 4.) PROMISING to act through the apostles
- 5.) He TRANSFORMS us through His GRACE
- 6.) They are not BARRIERS, they are carriers
- 7.) Prayer → rich source of WISDOM

Act of Contrition:

- 1.) In my thoughts → BEFORE an act
- 2.) In my words → lift or TEAR down
- 3.) What i've done → auto pilot/ JUSTIFICATION
- 4.) Penance → living on PURPOSE
- 5.) What I have failed to do → Sin of OMISSION

Confess Sins:

- 1.) Accepting RESPONSIBILITY for our sins
- 2.) It's part of the HEALING process
- 3.) Hold yourself ACCOUNTABLE and deal with our
WEAKNESSES
- 4.) Mortal sin → KNOWINGLY saying no to God
- 5.) Venial sin → minor violation of the law
- 6.) God is love (221) → share in the eternal EXCHANGE of love

Penance:

- 1.) Express our THANKSGIVING and our love
- 2.) RESOLVE with the help of your grace

Act of Contrition:

- 1.) Saying, I'm SORRY and I want to do better
- 2.) Genuine, sincere and from the HEART

Absolution:

- 1.) EXTEND His hand to invoke God's Holy PRESENCE
- 2.) Priest = Christ's REPRESENTATIVE
- 3.) God the father of MERCIES → rich in mercy, wanting to be apart of us because he LOVES us
- 4.) Pardon and Peace → Begin ANEW