

# Holy Together

## Reflections on Married Spirituality

### KATHLEEN FINLEY

This book is a look at the spirituality of marriage through the lens of Christian spirituality. It will help you see how your faith and spirituality is lived out daily in your marriage, not just in the churchy activities you may attend. Through looking at grace, vocation, community, asceticism, incarnation, discernment, and dying and rising, you will see more fully the holiness of what you are already living in your marriage, as well as some ways that you can enhance and support that holiness. The term “holiness” may not be used that often when it comes to marriage, but when you begin to see God’s presence everywhere, it is clear that your life is holy—that is, drenched in God—indeed.

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“Why would anyone wish to promise themselves unconditionally to another fallible and broken human being? In this gem of a book Kathleen Finley helps us see why this counter-intuitive marital commitment offers a beguiling path for spiritual growth and blessing. Written in beautiful yet accessible language that edifies and challenges, this simple book weaves together insights from the Christian tradition, personal testimony, and the surprisingly relevant witness of those who have gone before us.”

—RICHARD R. GAILLARDETZ, author of *A Daring Promise: A Spirituality of Christian Marriage*

“Very deep, comprehensive, and true. . . . Foundational book that would be a treasure for couples who want to take their marriage to a deeper level and recognize the holy in it.”

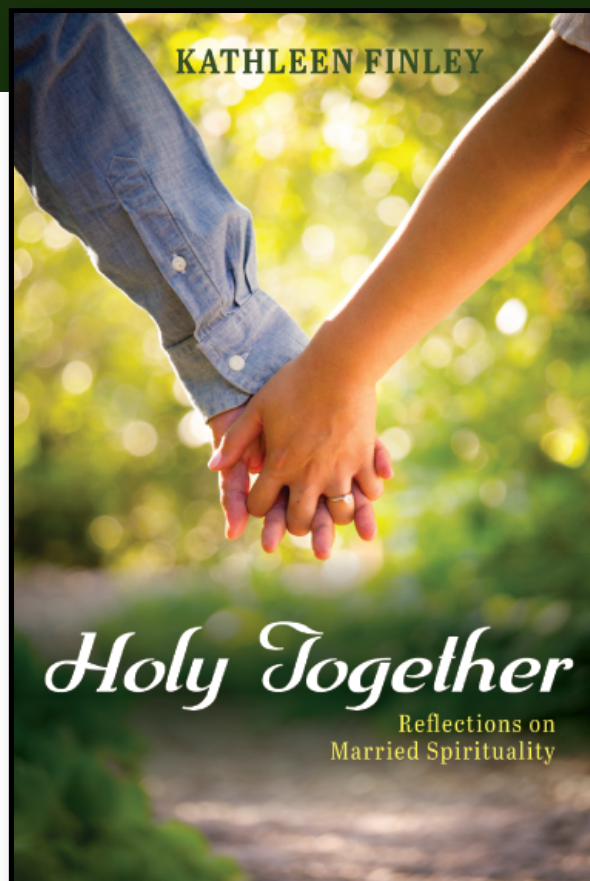
—SUSAN VOGT, former editor of the journal of National Association of Catholic Family Life Ministers

“The family systems truism that nothing happens to just one person in the system comes through loud and clear, and that articulating the firm foundation of the marriage helps make it survive.”

—KATHY BEIRNE, co-author of *Catholic & Newly Married*

“*Holy Together* is a remarkably engaging and timely reflection on the opportunities for married couples to grow in holiness. Kathleen’s transparency about her own marriage with her husband and her several decades of classroom experience make for a very credible and practical challenge of appreciating how everyday living in marriage can be a continuing source of enrichment and deepening spirituality.”

—WILLIAM SKYLSTAD, Bishop Emeritus of Spokane



**KATHLEEN FINLEY** is an award-winning author of eight books on practical spirituality, including *The Liturgy of Motherhood: Moments of Grace* and two books of hands-on prayers, *Savoring God: Praying With All Our Senses* and *More Savoring God*. She has degrees from Gonzaga University and Fordham University. Kathy is also a coauthor and presenter with her husband Mitch. Kathy is an experienced spiritual director and therapist in private practice and has prepared couples for marriage for over thirty years. She enjoys helping people explore the intersection between their faith and their everyday lives.

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