



# YMCA Van Buren Emergency Shelters

## Monthly news & updates

March 11th, 2021

### Serving Up Hope

[Sign-Up](#) to volunteer in our Van Buren kitchen and help serve dinner to our women and families.

### First Time Volunteer?

[Sign-Up](#) to become a volunteer and get involved.

### Top 3 Donation Needs

1. Men's Boxer Briefs- *all sizes*
2. Towels and Washcloths- *new or gently used*
3. Women's Adult Diapers- *all sizes*

[Target Wish List](#)



### Van Buren Emergency Shelters

This past month YMCA Van Buren Emergency Shelters served:

- **436 Single Adult Men**
- **289 Single Adult Women**
- **62 Families (207 individuals)**

## Celebrate Van Buren Volunteers Impact!

**Volunteer Appreciation**  
Virtual Luncheon May 2021

### STAY TUNED!

More information to come about this year's **Virtual Volunteer Appreciation Luncheon** that will happen in May.

In the coming weeks, we will be sending out a flyer and save the date about the virtual event and all

# SHARE YOUR STORY



## VOLUNTEER APPRECIATION

Virtual Luncheon 2021 TBD

More details coming soon.

the fun ways you can participate!

Share Your Volunteer Story!  
Raffles! Guest Speakers! New  
Volunteer Opportunities!

## Client Workshop Spotlight:

The Nutter Center for Empowering Women, Inc.

This month we wanted to recognize the impact **The Nutter Center for Empowering Women, Inc.** has made on the lives of the women at the Van Buren Center, through their weekly workshops.

Founder Valerie Nutter developed the program in 2005 out of her own experience as a single mother and from that wanted to help inspire other women to take control of their lives. For years now, Valerie has dedicated her time to facilitating a weekly workshop for our women. She has continued to increase The Nutter Center's outreach beyond weekly workshops at the Van Buren Center through her efforts to help make the holidays special for our guests. We are grateful to Valerie and the Nutter Center for everything they do, especially for her dedication and consistency which has helped our women know they can rely on her to always show up!



*The Nutter  
Center for  
Empowering  
Women, Inc.*

WHERE POSSIBILITIES MEET SUCCESS

Click the link below to find out more about **The Nutter Center for Empowering Women**

<https://ncewsuccess.com/>

Learn More About The Nutter Center

Learn More About Workshops

## The Value in Van Buren: Women of Van Buren Spotlight

What are some of the challenges that women experiencing a homeless crisis face?

"Being labeled homeless. Homelessness is a situation, a symptom of a larger, compound problem that is brought about because of a lack of affordable housing, as well as, access to financial, emotional, educational, and medical supportive services."

-Tegest Mengestu, Case Manager



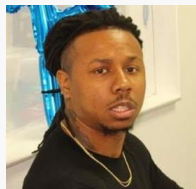
## Did you know March is Women's History Month?

Make sure to check out our **blog** where we will be spotlighting the Women of Van Buren all month long!

[Read More](#)

## Staff Spotlight

### Van Buren Center



#### **Marsean Ross- Team Member**

We are so thankful for Marsean Ross and all he does for the Van Buren Center. He steps in and helps out anywhere he's needed. He is a great team player and is especially great at engaging with our guests.

### Van Buren North (Men's Shelter)



We would like to welcome all of our new hires at the Men's Shelter. Thank you for all your hard work to complete training and for your participation! We are so excited to have you as new members of our team.

[Visit our Website](#)

[Visit our Wishlist](#)