



Gardens & Landscaping, Inc.

## Guide to Growing Herbs

Herbs are the most versatile plants we sell! They can be used for cooking, baking, drinking, crafting, aromatherapy and as a pest repellent.

### BENEFICIAL GUIDELINES

Most herbs need **FULL SUN 5 to 8 hours daily** to thrive and produce sizable harvests

Fertilizing herbs promotes fresh growth and prevents them from going to seed. Fertilize with **organic Garden-tone, Plant-tone** when you plant and then again in mid-summer

Constant pruning of herbs encourage new leaves, even if you may not need the herbs for cooking them

Regularly pinching or cutting off the flowers of your herbs, especially cilantro, basil, dill and chives. To keep the herbs flavorful and productive. If they go to seed the plant will stop growing and in some cases change flavor

### WHERE SHOULD I PLANT MY HERBS?

#### Container Garden

Herbs grow very well in planters, just make sure to give them plenty of space to grow. The more space you give and herb, the better it will grow and thrive. Don't limit yourself on what container to plant in!

#### Container Garden(cont.)

Fun ideas include strawberry planters, clay pots, hanging baskets or coco-lined window boxes. Use well-drained soil.

#### Garden Beds

Prepare your soil as you would for vegetable gardens. Good drainage is key. Use peat moss to amend your soil.

### WHAT CAN I USE HERBS FOR?

Fresh herbs are less potent than dried herbs.

¼ tsp. Powdered herbs= ¾ to 1 tsp. Crumbled herbs= 2 tsp. Fresh herbs

#### Herbs for Cocktail:

- Mojito Mint
- Lavender
- Basil
- Nasturtium
- Thyme
- Rosemary
- Lemon Verbena

#### Herbs for Aromatherapy:

- Lavender
- Lemon Verbena
- Lemon Balm
- Mints including peppermint & spearmint
- Lemon Grass

A Courtesy of Massi's Gardens and Landscaping Inc., 246 Victory Highway, Painted Post 14870

Please visit us at [www.massisny.com](http://www.massisny.com) or call us at (607) 962-3489

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#### Herbs to Repel Bugs:

- Lavender
- Sage
- Lemon Grass
- Mint
- Rosemary
- Peppermint
- Catnip
- Basil

#### Herbs to Repel Mosquitoes:

- Lemon Grass
- Lavender
- Rosemary
- Mints
- Catnip
- Sage
- Lemon Balm