








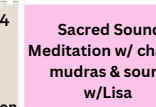
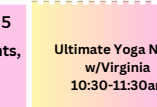




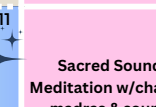




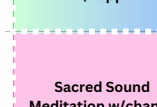














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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30 	31 Sound Frequency Meditation w/Gong & Crystal Bowls w/Candie 6-7pm 					1
2 	3 Sound Frequency Meditation w/Gong & Crystal Bowls w/Candie 6-7pm 	4 Breath Work Meditation w/Gong & Crystal Bowls w/Candie 6-7pm 	5 Sacred Sound Meditation w/ chants, mudras & sound w/Lisa 6:00-7:00PM Group Tarot Reading after Class w/Chris 	6 Ultimate Yoga Nidra w/Virginia 10:30-11:30am Yoga Nidra w/Gong & Crystal Bowls w/Linda 5:30-6:30pm 	7 Sound Frequency Meditation w/Gong & Crystal Bowls w/Candie 6-7pm 	8
9 	10 Sound Frequency Meditation w/Gong & Crystal Bowls w/Candie 6-7pm 	11 Special Workshop Max Guided Meditation w/Starr 6-8pm Self Investment \$25pp 	12 Sacred Sound Meditation w/chants, madras & sound w/Lisa 6:00-7:00PM Group Tarot Reading after Class w/Chris 	13 Ultimate Yoga Nidra w/Virginia 10:30-11:30am Full Moon Energy Yoga Nidra w/Gong & Crystal Bowls w/Linda 5:30-6:30pm 	14 Full Moon Breath Work Meditation w/Gong & Crystal Bowls w/Candie 6-7pm 	15
16 	17 Sound Frequency Meditation w/Gong & Crystal Bowls w/Candie 6-7pm 	18 Sacred Sound Meditation w/chants, mudras & sound w/Lisa 6:00-7:00PM Group Tarot Reading after Class w/Chris 	19 Breath Work Meditation w/Gong & Crystal Bowls w/Candie 6-7pm 	20 Private Tibetan Bowl Therapy w/Linda 10-12 & 2pm Sessions Available 	21 Breath Work Meditation w/Gong & Crystal Bowls w/Candie 6-7pm 	22 Flutter at The Fountain 10-2pm look out for our face painting booth! Take Time Out For Self Care Meditation 2-4pm w/Virginia Self Investment \$25pp 
23 	24 Sound Frequency Meditation w/Gong & Crystal Bowls w/Candie 6-7pm 	25 Breath Work Meditation w/Gong & Crystal Bowls w/Candie 6-7pm 	26 Sacred Sound Meditation w/chants, mudras & sound w/Lisa 6:00-7:00PM Group Tarot Reading after Class w/Chris 	27 Ultimate Yoga Nidra w/Virginia 10:30-11:30am New Moon Energy Yoga Nidra w/crystal sound bowl Therapy w/Linda 5:30-6:30pm 	28 New Moon Sound Frequency Meditation w/Gong & Crystal Bowls w/Candie 6-7pm 	29

SPECIAL SESSIONS/EVENTS

- 11th- Max Meditation Guided by Starr 6-8pm \$25pp
- 14th- Full Moon Breath work meditation w/Candie 6-7pm \$20pp
- 20th- Tibetan Bowl Private Sessions w/ Linda 10 - 12 - 2pm \$100pp
- 17th- St. Patrick's Day Sound Meditation Wear Green Receive a gift \$20 6-7pm
- 22nd- Flutter at The Fountain (Face Painting) 10-2pm
- 22nd-Take Time for Self Care 2-4pm \$25pp
- 28th-New Moon Sound Frequency Meditation 6-7pm \$20pp

PRIVATE SESSIONS WE OFFER

- *Harmonic Frequency Facials
- *Bio Field Chakra Clearing
- *Reiki Quantum Healing
- *Private & Group Sound Frequency Meditation w/crystal sound bowls & gong
- *Private in home catering w/sound meditation
- *Private Tarot Readings
- *Private & Group Yoga Nidra with Crystal Sound Bowls
- *Private & Group Kundalini Sound Meditation
- *Tibetan Bowl Private Clearing Sessions

