# Fall Protection

August 2022

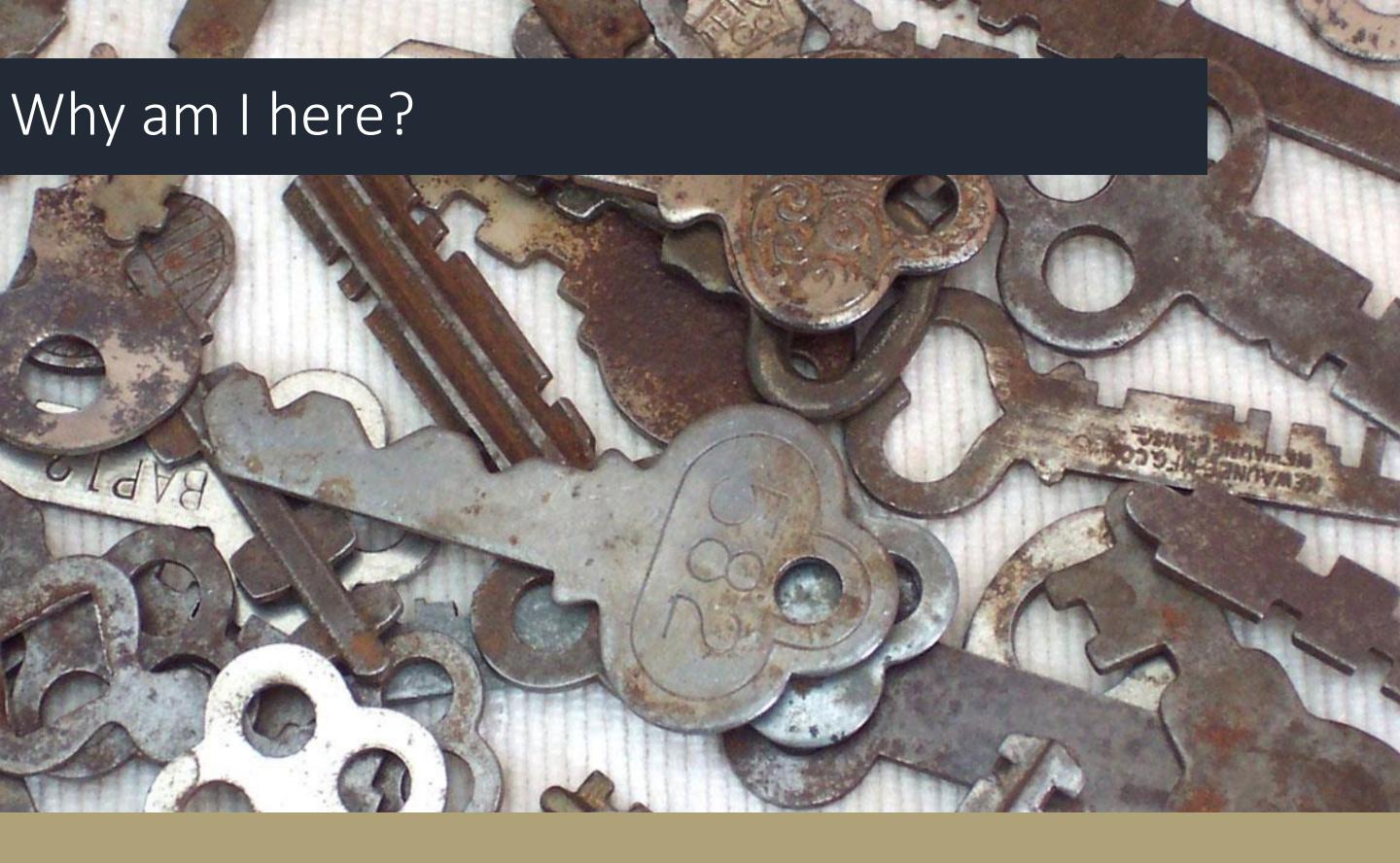
# Housekeeping



Muster Point



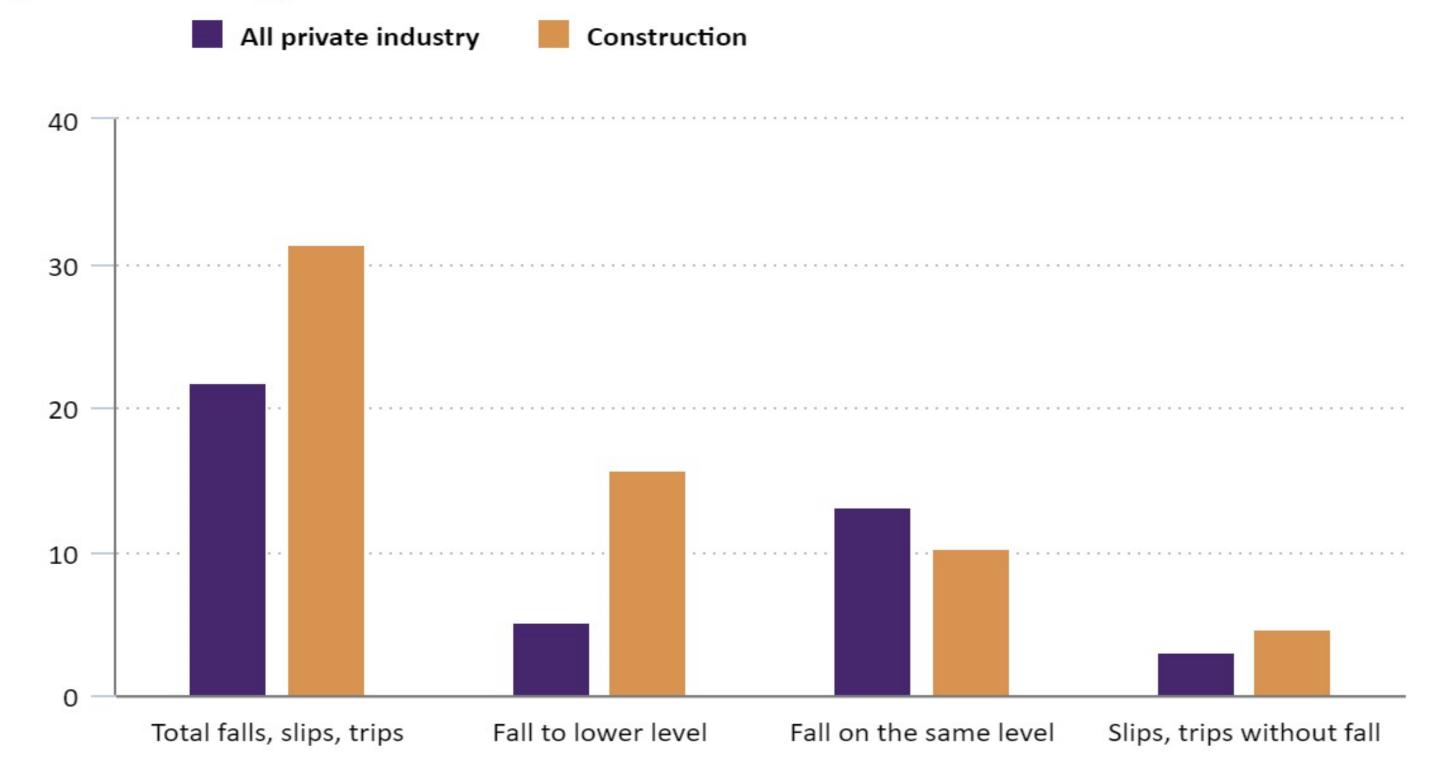
Safety begins with me!



You are the KEY to SAFETY!

### Fall Statistics

Rate of nonfatal injuries and illnesses involving days away from work per 10,000 full-time workers by selected events or exposures and industries, private industry, 2020



### Hierarchy of Controls

More effective

### Elimination

Physically remove the hazard

### Substitution

Replace the hazard

### **Engineering Controls**

Isolate workers from the hazard

### Administrative Controls

Change the way work is performed

### PPE

with personal protective equipment

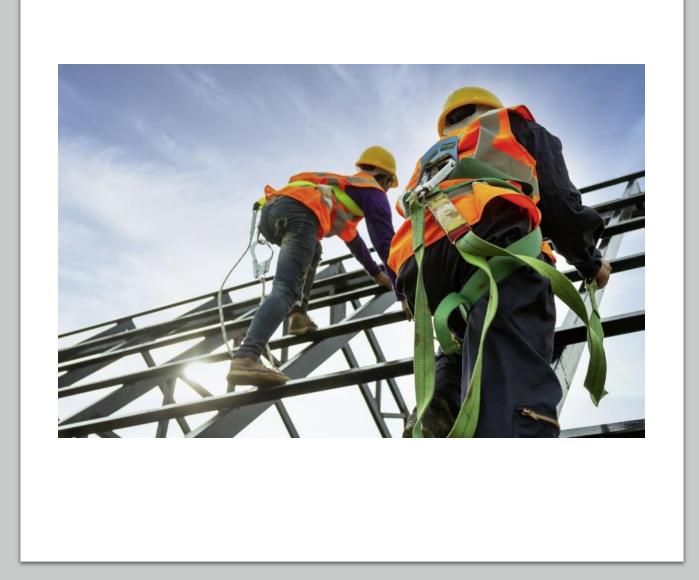
Less effective

### Fall Protection Height Requirements

4ft or above for general industry

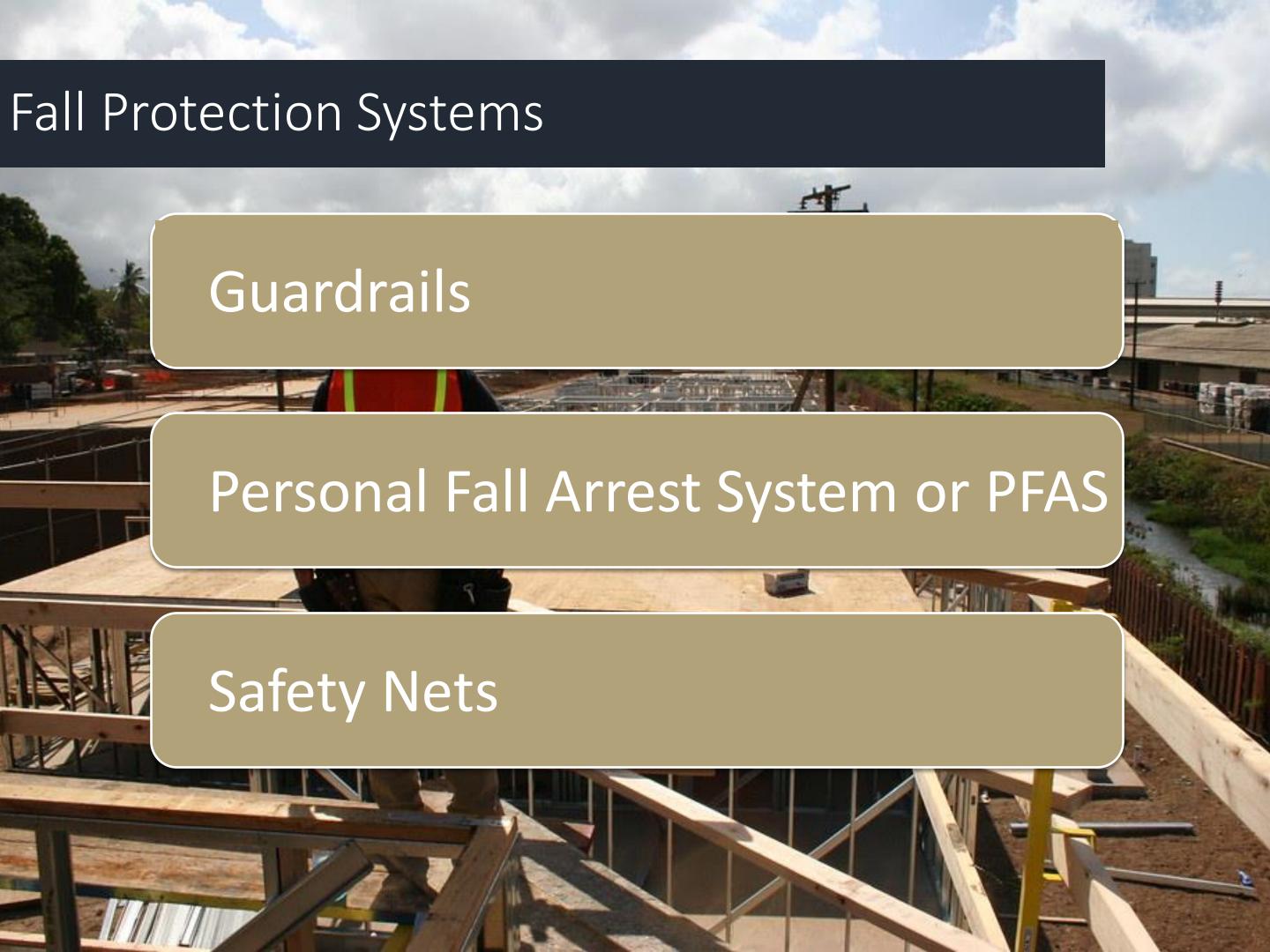
6ft or above for construction industry





### Fall Protection Basics



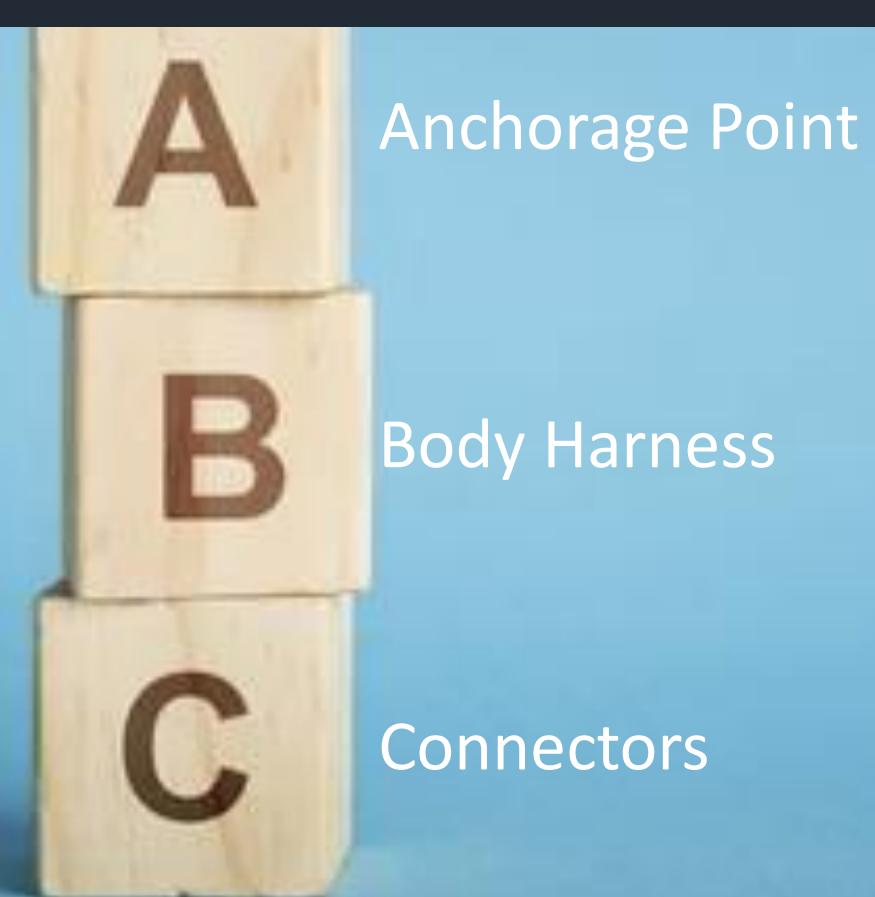




# Safety Toolbox Talks: Guardrails



## Personal Fall Arrest Systems (PFAS)



# Personal Fall Arrest Systems - Anchorages

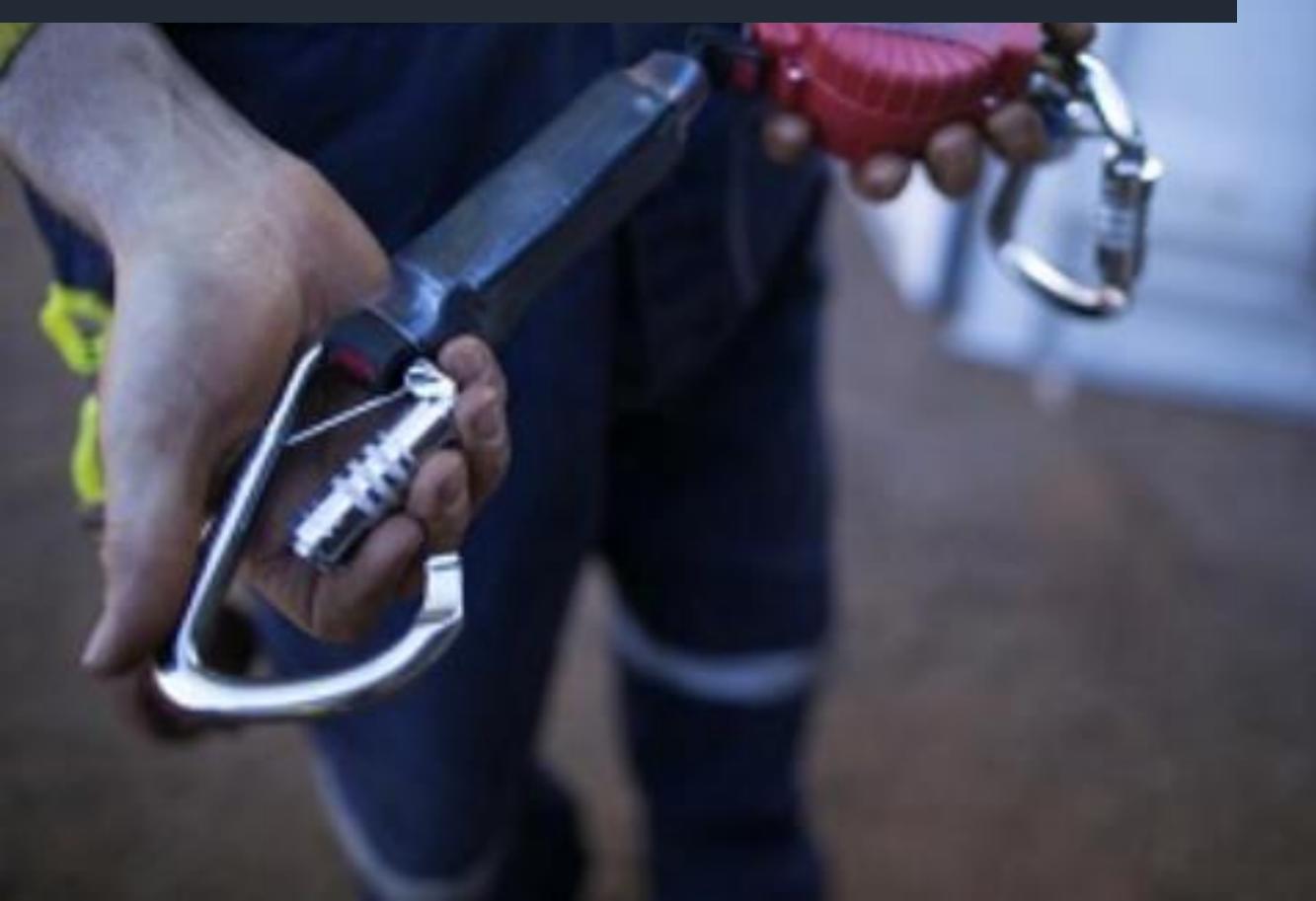
# Personal Fall Arrest Systems – **B**ody Harness

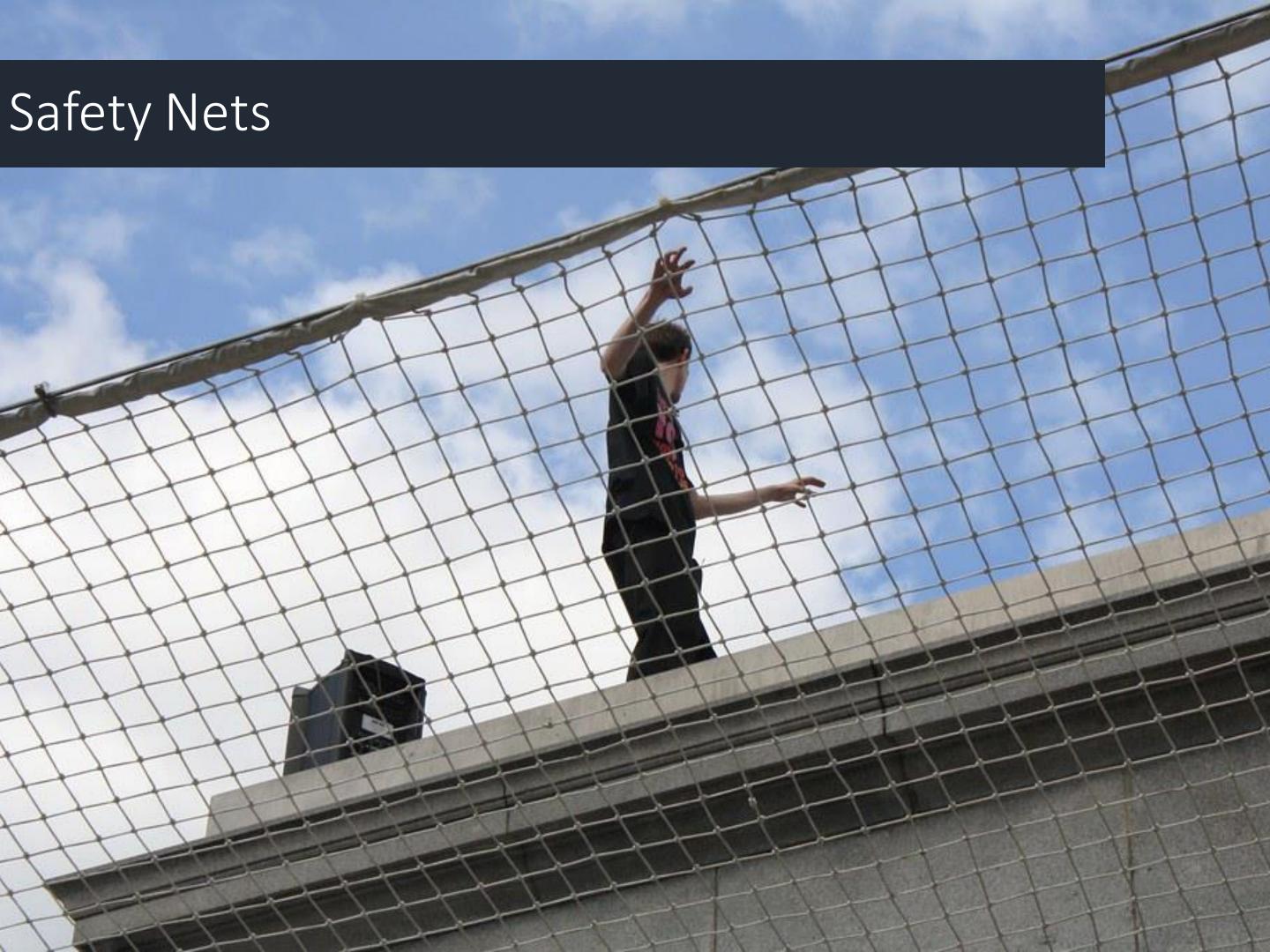


# How To Properly Don A Full Body Harness



# Personal Fall Arrest Systems – **C**onnectors







Do not work at heights unless you are trained to do so.

Know the hazards of working at heights.

Inspect fall arrest equipment before use.

Wear fall protection when required.

# One Team QUESTIONS?