

# HELPFUL APPS

## SAFETEAM WEB APP

ZALEMO has developed safety management software and created a state-of-the-art application to help employers in any industry measure their safety performance, training needs, and even project manhours.



## NIOSH LIFTING EQUATION APP



The National Institute for Occupational Safety and Health (NIOSH) Lifting Equation mobile application, NLE Calc, is a tool to calculate the overall risk index for single and multiple manual lifting tasks. This application provides risk estimates to help evaluate lifting tasks and reduce the incidence of low back injuries in workers.

## ERGONOMICS IOS

Ergonomics is an iOS app that offers office ergonomic equipment setup advice, a variety of workplace specific stretching exercises, and programmable reminders to help office workers time their their breaks.

