

TUFF GUIDE

MAMMOTH TUFF

September 18, 2021



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Welcome to Mammoth Lakes

MAMMOTH LAKES, CALIFORNIA

NO SMALL ADVENTURE

Welcome to Mammoth Lakes, where “no way” is never far away. Majestic in scale and awesome in its natural beauty, the year-round adventureland of Mammoth Lakes is one of those rare places that you have to see to still not totally believe. The name speaks to the size of the mountains, the expanse of the valleys, the incredible number of crystal clear mountain lakes and the endless opportunities for adventure just outside your door. But what makes this place really unique are the surreal storybook scenes that drop jaws, spark the imagination and make every moment feel like a brush with the truly incredible.

If you’ve gotten as far as starting to read the Tuff Rider Guide, then by now you know how special this place is to us. We’re so happy you’re interested in joining us on the adventure and we can’t wait to show you these roads less traveled. Let’s make some memories.

Love,

Dave and Amanda



Registration

[Link to Registration](#)

Total Event Registration Limit: 850

Check-In

2-8pm on Friday, Sept 17, 2021 at
Lakanuki in the Village

Address: 6201 Minaret Rd Ste 200,
Mammoth Lakes, CA 93546

With Registration you will receive:

- Shirt
- Socks
- Swag Bag from Sponsors
- Registration Red Carpet photo from Easton Cycling
- On-course photos from Monster Hydro
- Raffle Ticket
- Food and Beer Ticket



Classifications

For all classifications and distances, "Racing Age" is based on the Rider's age as of September 18, 2021. Minimum age requirement for the long course is 16 years of age. There is no minimum age for the short course and the category is 17 & Under. "Tandem" is defined as a solitary bicycle frame with two wheels, designed to be operated by two riders. No pull-behinds. No tag-alongs. No trailers. "E-Bikes" are allowed in the short route only if they are a category 1 - pedal assist and can hold a charge for 4 - 5 hours. There will be no prizes for this category as it is just one group. We reserve the right to add, combine, and/or delete classes.

Event Schedule

FRIDAY

- 10-11:30am [Shakeout Rides](#) at Footloose Sports *
- 11:00-1:30pm Vendor setup **
- 2 – 8pm Registration and Expo Open **
- 4:30pm Bier Mile – [The BUFF Event](#)
- 6:30pm Riders Meeting

SATURDAY

- 5-6:30am Registration – Last Minute Pick-ups ***
- 6:41am Sunrise
- [Long Route](#):
 - 6:45am Suggested Neutral Roll Start
 - 7:15am Staging – Last reminders
 - 7:30am Event Start
- [Short Route](#):
 - 8:15am Suggested Neutral Roll Start
 - 8:45am Staging – Last reminders
 - 9:00am Event Start
- Post-Ride – Enjoy Oktoberfest in the Village
- 6:58pm Sunset – Lights on!
- 9:30pm Last Finishers – Ride Closed

SUNDAY

- 8-11am Drop Bag Pickup
- 8:00-10:00am Awards/Raffle – Village Stage
- 12pm Clean Up and Riders leaving town.

* Footloose Sports, 3043 Main St, Mammoth Lakes, CA 93546

** Lakanuki, 6201 Minaret Rd Ste 200, Mammoth Lakes, CA 93546

*** Bus Stop, Stop 90-Canyon Blvd / Across From Village



Course Info

The official courses will be released the week of the event and we will give you time to prepare your navigation and study the route. Below are some stats to help you organize and plan.

Long Course

- 95.6 Miles (~104 with neutral)
- +7,052 ft
- Aid Stations will approximately be at miles 39, 66.5, 84.5
- Paved 26.8 miles, 28%, Unpaved 68.7 mi 72%

Short Course

- 36.5 Miles (~41 with neutral)
- +1,863 ft
- Aid Station will approximately be at mile 25.4
- Paved 8.1 miles, 28%, Unpaved 28.4 mi 78%



Neutral

BOTH routes will have an unofficial neutral roll from town to the official starting line outside of town.

Why? Because our event is too small to need the CalTrans encroachment to escort us on Highway 203. We will provide you with maps to guide you to the offsite start lines and this will serve as a true neutral roll, at your own pace!

Riders will need to allow for at least 25 min to arrive at the official start for both courses.

Maps

Maps will be released the week of the event.

Gear – Tires and Teeth

RenéHERSE
CYCLES



Our tire testers
keep winning.
Everybody benefits
from more speed
and durability.

www.renehersecycles.com

Tires

The answer here is go big. The course can be ridden on a 38c but it will be easier on 40c or larger. We have been riding tires from Rene Herse and prefer the 700x42c Hurricane Ridge or the 700x48c Oracle Ridge. The 48c is a TUFF Sierra Slayer that rolls well and has good tread. There are tricky descents (i.e. 3 miles at -8% for Long Route) where tread will help you slow down.

We recommend starting with as wide a tire as your frame can handle. From there, select a tire that matches your bike driving ability and course conditions.

Gearing

- If **2x** we recommend something like a Shimano GRX crankset, or similar, with a **48/31 tooth chainrings** and a **11-34 cassette**.
- If **1x** we recommend a **40 tooth chainring** with at least a **11-40 cassette** (but an 11-46 would be better).
- Please note, Dave's suggesting a 1:1 ratio or easier. It is a long day at altitude and keeping your cadence higher allows for less muscle tension (less muscle fatigue from grinding).
- Here is a good article on [BikeRadar about Gravel Bike setups, focus on the Chainring, Cassette, and 1x or 2x sections.](#)
- For the super nerds, have a read from our friend [JOM](#) at Gravel Cyclist: <https://www.gravelcyclist.com/9-gearing-gravel-bikes/>

Gear – Equipment List

BE PREPARED!

EQUIPMENT CHECKLIST

Each participant must carry with them (on their body, or on their bike) every item on this list:

1. Cycling computer, GPS device, and/or printed maps and cue sheets for self-guided navigation.
2. Minimum of two liters of liquid
3. Two spare inner tubes
4. Air pump or inflation system
5. A cell phone
6. Lights for Long Route only: Front light and red taillight (Rule 19)

[Click Here for a List of What to Carry on Epic Cycling Adventures by CTS and curated by Dave and Amanda](#)



ADDITIONAL Supplies You Should Consider

1. A GPS system to communicate your exact location to support or rescue personnel in the event of an emergency.
2. Small rucksack / hydration pack
3. Waterproof / windproof jacket
4. Extra thermal top or warm layer
5. An emergency / survival blanket
6. Food – energy bars, gels, chocolate, etc.
7. Tire levers
8. Puncture repair kit
9. Chain tool
10. Allen wrench set
11. First aid kit
12. Chamois Butt'r
13. Chain lube
14. Cash



Fuel and Hydration

Our goal is to get you ready to ride a TUFF course and prepare you for more gravel events around the world where you must be more conscious about taking care of yourself ...

Plan to carry more than less. Always be prepared.

Below are recommendations on nutrition and hydration from CTS Coach D. Sheek.

On the Bike Nutrition Guidelines:

Hydration: Drink 20-40oz per hr

Sodium: 400-900mg per hr

Nutrition/Calories: 200-300 calories per hr (mostly carbohydrate)



Nutrition

Most people quitting longer events either don't have the fitness or encounter gastrointestinal distress. Bring foods that work for you. If you don't like the offerings at the aid stations, bring what works for you. We can't stress that enough. If you're doing the long route, bring your own food and mix in your drop bag so you can access it at the halfway.

When getting ready for big events, it is important to practice eating and drinking on your long rides. Find out what your body likes and when you need to refuel. The best athletes have a plan and stick to it to ensure they get their Hydration, Sodium, and Nutrition totals perfect for each hour. Hint, don't forget to add the sodium and calories from both food and hydration.

Hydration

We recommend starting with 3.5-4hrs of hydration for the short course and 5-6.5hrs for the long course to be safe. In an example of riding five hours at 1 bottle per hour, this roughly equates to a 2 liter pack (67oz = 3 small bottles) and 2 bottles on the bike. If you need more fluids per hour because the temperatures go up, carry an extra bottle. It will be cold in the morning and warmer later in the day, so we recommend increasing the fluid intake after the first aid station for the long course and increasing the fluid intake as it warms up for the short course.

Aid Stations

Think of the aid stations as a bonus feature for Mammoth TUFF. We want you to be prepared for a ride in the wilderness where you must take care of yourself. That being said, we know there's altitude on top of a challenging course, and you might end up packing less solids and liquids than your body will require. Because of this, we will have the bonus items.

Plan to be as self-sufficient as possible with the aid stations supplementing your strategy. Do not rely on the aid station products.

Products from Monster Hydro, Floyds of Leadville, and GU will be available along with other aid station snacks and plenty of water. We will provide a detailed list in the couple weeks before the event so you can prepare.

Support Crews (Long Route Only)

You do not need a support crew to do the long or short route. However, as we prepare you to take on more gravel adventures, you will learn that a lot of the bigger gravel events out there require a crew. It is a nice-to-have, but not a need-to-have for Mammoth TUFF.

Support Crews

Your team, crew, supporters, whatever you want to call them, can meet you on the long course at its midpoint or furthest Aid Station. If you plan to bring a support crew to meet you at this aid station, let us know at registration so we can get you a parking decal for your crew. There will be Color-coordinated parking for Long Course riders who wish to have their own support vehicles meet them at this halfway point.

Drop Bags

How it will work:

- All riders will be given the proper drop bag to use at registration.
- Fill your drop bag with items you want to access at the halfway point.
- We will give you a large plastic Ziploc to put any hydration into. Bladders and bottles can go here so they don't leak everywhere.
- Your bags will be tagged with Name/Number so either you or a volunteer can find it quickly on Saturday.
- You will ride with your drop bag through the neutral roll until the official start line.
- It will be cold in the morning, so you can wear all the clothing you need and then shed at the start into your drop bag.
- This will be taken to the Bishop Aid Station.
- After you access the items you need at the aid station, you can retrieve your bag at the finish line or at Awards on Sunday.
- Your car keys, wallet, and any other important items should stay with you or checked in with the front desk at your lodging.

The image below gives an example of this Aid Station showing where the Support Crews will park and where the Aid Station will be. If you have a support crew, you need to pedal an extra 0.1 Mile to access the vehicle zone. Yes, this gives the drop bag riders a little more of an advantage and is purposefully integrated this way. Drop bag riders have to take the time to find their bag and riders with a support crew must pedal a little further to access them... choose your own adventure.



Rules

1. TREAD LIGHTLY. LEAVE NO TRACE.
2. Mammoth is a self-supported, bicycle event along the gravel and dirt roads of public lands in California. For the purpose of this event, "bicycle" is defined as "a vehicle consisting of a frame mounted on two wheels one behind the other, and having a seat, handlebars for steering, two hand-operated brakes, and propelled solely by the operator via two pedals connected to the rear wheel by a chain or belt. "E-Bikes" and pedal-assist bikes will NOT be allowed in the long route.
3. All roads are open to public traffic. For your safety, it is imperative that you be constantly aware of your surroundings. Head phone usage is not allowed at the start nor in large groups. We prefer you don't use them.
4. ALL participants are encouraged to attend Rider Sign-In on Friday, Sept 18 to receive their event packet. Event packets will be given out to registered participants themselves. Sign-In will be available on Saturday morning but it is not encouraged. Please see registration communication the week of the event.
5. There will be little to no course markings on the route. Participants will be responsible for printing their own set of course maps and/or cue sheets prior to the event. Participants will also be able to download the route from RideWithGPS and use their mobile device with off-line maps to navigate if possible. Participants may load the route into their GPS prior to the event to navigate. These documents and routing will be the rider's primary means of navigation. DO NOT RELY ON COURSE MARKINGS FOR NAVIGATION. You will be sorely disappointed and lost.
6. There will be cut-off times along the route. Cut-off times will be established for reaching each checkpoint. Any participant not reaching a checkpoint before the established arrival cut-off time will be pulled from the event. Arrival cut-off times are based on an average speed of 8 mph and are established for the purpose of rider safety. Therefore, these times will be strictly enforced.
7. Outside support is not allowed. This includes, but is not limited to assistance with navigation, supplies, and lighting. The only exceptions to this are outlined in Rules 8-10.
8. Participants may help other participants with mechanical support or navigational assistance.
9. Each participant, regardless of event distance, are encouraged to have one contact able to get them should they need to abandon the event. There will be designated areas to pick up abandoned riders. These details will be released with the course. Do not expect to be rescued unless it is a dire or emergency situation. More details in [Event Safety](#) brief.
10. For the Long Route ONLY, there is one official checkpoint HALFWAY to serve as the neutral area where participants may meet their support crew to restock supplies and repair equipment. This checkpoint will be the only location along the entire course where participants may receive assistance from their support crew.

Rules

11. Support Crews are NOT required for the Long Route. If you do not want or have support crew assistance, you may participate in the DROP BAG option at the start. Please see the [Support Crews](#) portion of the Guide for more details.
12. Support Crews, friends, and family members are NOT allowed on the course. Providing support to a rider while on course goes against the self-sufficiency spirit of this event.
13. The primary route must be followed at all times. No short cuts or alternate routes are permitted. The course may be altered by the promoters in the event of inclement weather, or other unforeseeable circumstances. Should this occur, participants will be advised.
14. Riders must always remain within the primary boundaries of the roadway. If you deviate off the roadway or damage natural habitat, this event will be put in jeopardy in the future.
15. Participants must start and complete the entire course on the same bicycle frame. All other components and equipment may be repaired or replaced during the event. Participants in the SingleSpeed class shall have only one gearing combination installed on their bike and must complete the entire event using the same gearing combination.
16. Bicycles must be equipped with two (front and rear) fully-functional hand-operated brakes. Coaster style brakes do not satisfy this requirement. "Fixed-Gear" bikes are not exempt from this requirement.
17. Participants must wear a properly approved helmet while operating their bicycle.
18. Participants must obey all city, county, and state laws, and "Rules of the Road".
19. Long Route participants must have a clear front headlamp and a red taillight for the duration of the event. Riders may choose to mount additional lighting while at the halfway point. Headlamps may be mounted either on the bike, or on the rider's helmet.
20. Drafting on another event participant is allowed. Drafting on a non-participant cyclist, or on a motorized vehicle will result in disqualification. Women drafting off of men in a premeditated fashion (or shall we say, as teams to solidify a win) will be prohibited.
21. Challenges to event results must come from a registered participant, must be made either in-person, or via email to the timing company, and must be received no later than 7:59 am on Sunday, September 19, 2021.
22. Athletes who are currently serving a ban from sport or competition by WADA or any intergovernmental organizations, governments, public authorities, and other public and private bodies fighting doping in sport will not be allowed entry or participation in Mammoth TUFF.

Event Safety

Our emergency plan has you covered with the help of the Bishop Amateur Radio Club, local EMS, the sweep team, and our lovely volunteers.

Cell Service - Call me maybe...

Please expect to NOT have great cell phone coverage on both courses. Because of this, we have acquired the volunteer services of the [Bishop Amateur Radio Club \(BARC\)](#). There will be teams of radio operators at key areas of the course to help with communication so that you can enjoy the remote wilderness in peace. There will be sweep teams checking the course, the amazing gravel community will look out for each other on the roads, and aid stations will serve as communication hubs so you can enjoy the ride.

A satellite communication device is not required, but you are more than welcome to utilize one if it gives you an added layer of security.



Support Crews

Please refer to the Support Crew page for more info. In you find yourself in a dire situation needing to pull out AND you're able to reach your support contact, there will be designated areas where you can meet them. If you cannot reach your support contact or you don't have one, you can wait for the sweep teams or get to a communication hub to reach event staff and make arrangements.

Sweep Teams - What to expect..

There will be teams sweeping the course to check on riders and make sure everyone is safe. Do NOT plan to quit just because there is a sweep team. There will not be enough room in vehicles to pick everyone up. Do not be afraid of being last on the course because it's fine as long as you make the cut-off times at aid stations. The sweep team will ensure the last riders are accounted for and followed in.

If you are physically able, please keep pedaling until you get to the next aid station or reach cell service. There will be a sweep team pick-up near each aid station and each one will have a radio operator. In the event of an emergency, riders need to look out for one another first and foremost. There is a good chance that a rider will be a first responder and the second responder will be responsible for finding cell service, reaching the sweep team, or getting to a communication hub aid station.

You are responsible for you, and we will all help each other! #ExploreyourTUFF

Event Safety

You might encounter sheep and their livestock protection dogs on the route. Please read the Do's and Don't's provided by USDA so you know what to expect.

If you encounter a band of sheep while visiting America's public lands, it is best to alter your route to minimize any contact.

However, if you cannot avoid contact:

Do:

- ▶ Watch for livestock protection dogs near sheep (usually large dogs, white or tan in color).
- ▶ Remain calm if a livestock protection dog approaches you.
- ▶ If you are on a bike, dismount and put the bike between you and the dog.
- ▶ Tell the dog to "go back to the sheep" or say "no" in a firm voice.
- ▶ Walk your bike until well past the sheep.
- ▶ Keep your distance and choose the least disruptive route around the sheep.
- ▶ Keep your dog leashed.

Do Not:

- ▶ Chase or harass the sheep or dog(s).
- ▶ Make quick, threatening movements towards the sheep or dog(s).
- ▶ Try to outrun the dog(s).
- ▶ Attempt to befriend, pet, or feed the dog(s).
- ▶ Allow your dog to run towards or harass the sheep.
- ▶ Mistake a dog as lost and take it with you.

Why Use Livestock Protection Dogs?

IF UNPROTECTED, sheep are vulnerable to a variety of predators including coyotes, wolves, mountain lions, bears, and domestic dogs. Livestock protection dogs are a primary and traditional means of protecting sheep from predators. Modern livestock ranchers may elect to use pro-



tection dogs as an important and effective means of reducing predator attacks on sheep. Livestock protection dogs live with the sheep, patrolling the perimeters of sheep grazing areas to ward off potential predators. Livestock protection dogs have been used around the world for centuries and are an essential management tool in the United States. Without livestock protection dogs, thousands of sheep and lambs would be injured or killed by predators in the United States every year.

Learn More

FOR MORE information on the use of livestock protection dogs and other wildlife damage management methods, contact the USDA, Animal and Plant Health Inspection Service's Wildlife Services program toll free at 866-4USDA-WS (866-487-3297) or 301-851-4009. The use of livestock protection dogs is an important non-lethal method for predator control, encouraged by Wildlife Services as part of an integrated approach to resolve potential human-wildlife conflicts while safeguarding agricultural resources. To learn more, go to www.aphis.usda.gov/wildlife-damage.

FOR MORE information on the management of public lands for multiple uses, contact the USDA's Forest Service at 800-832-1355 or DOI's Bureau of Land Management at 202-208-3801.



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Issued August 2010
Slightly Revised July 2017
Program Aid No. 2050



United States Department of Agriculture



LIVESTOCK PROTECTION DOGS: Protecting Sheep From Predators

Sharing Public Lands

MILLIONS OF visitors enjoy recreational opportunities available on public lands, including hiking, mountain biking, and trail riding. Management practices for public lands are designed to allow multiple uses of our natural resources. In addition to recreation, livestock grazing is a useful activity common on public lands that supports healthy watersheds and wildlife habitat. Responsible grazing can be used to manage vegetation to reduce invasive species, limit wildfire fuels, and encourage plant growth. Grazing allotments, administered by Government agencies, occur on lands managed by the U.S. Department of Agriculture's (USDA) Forest Service and the U.S. Department of the Interior's (DOI) Bureau of Land Management.

Recreationists and ranchers share a love of the outdoors. Working together helps ensure that all those who use public lands can have a positive experience. Please treat all lands as you would like others to treat your property. Leave gates as found, stay on existing roads and trails, obey posted signs, and pack your garbage out.

Avoiding Conflicts

AS MORE people enjoy and utilize our country's public lands, there is an increased potential for conflicts between people and livestock protection dogs. Livestock protection dogs are in place to protect the sheep in these areas, and if you do not appear to be a threat, the dogs will often just watch you pass

by. Livestock protection dogs are not pets; they are trained working dogs. Feeding or petting them will distract them from their job of protecting sheep and may encourage them to approach and follow other recreationists they encounter.

Generally, if you are on foot, horseback, or an all-terrain vehicle and come close to sheep, a livestock protection dog should have time to see and/or hear you approach and recognize that you are not a threat to the livestock. However, a rapidly approaching mountain biker, suddenly surprising the livestock protection dog, may appear to be a threat. Hikers with domestic dogs may be perceived as a greater threat. An unleashed dog encountering sheep likely will be perceived as a predator, which could cause an aggressive confrontation with the livestock protection dog.

Public lands offer fulfilling outdoor recreational opportunities. To avoid negative encounters with livestock and/or livestock protection dogs and enjoy a peaceful experience, recreationists should follow common sense guidelines.



Awards

- TUFFEST in each Category: Top 1 in each at 28 total (13 short, 15 long)
 - Custom Gold Medal Mizu Bottle
 - Short:
 - Male & Female:
 - 17&Under
 - 18-29
 - 30-39
 - 40-49
 - 50-59
 - 60+
 - Tandem
 - Long:
 - Male & Female
 - 16-29
 - 30-39
 - 40-49
 - 50-59
 - 60+
 - Fat Bike
 - Singlespeed
 - Tandem
- Top 3 Overall Short Course Male & Female
 - 1st place: [Mt. Morrison Canvas Print](#) from local artist, [Ann Piersall Logan](#)
 - 2nd and 3rd place: Prize Pack from Floyd's of Leadville
- Top 3 Overall Long Course Male & Female
 - 1st place: [Bishop Tablelands Canvas Print](#) from local artist, [Ann Piersall Logan](#)
 - 2nd and 3rd place: Prize Pack from Floyd's of Leadville
- The RUFF (Tuff Lanterne Rouge)
 - Short&Long, Male&Female last place finishers: [Red BIVO bottle](#)
- The BUFF (Beer Run Omnium)
 - Short&Long, Male&Female BUFF winners: special award



Awards Ceremony & Raffle Sunday

Date

Sunday, September 19, 2021

Time

8:00-10:00AM

Awards

Tuffest in each Category, Top 3 Overall, RUFF, BUFF

Raffle Details

[CLICK HERE](#). Raffle prizes will continue to update on this web page.

Raffle Tickets

[Purchase on BikeReg](#):

1 for \$10, 5 for \$45, 10 for \$85, 15 for \$120, 20 for \$155

A portion of the proceeds will be going to [Mammoth Lakes Recreation](#) and [Mammoth Mountain Community Foundation](#)



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+ TECHNOLOGY LAW



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Venue and Parking



Parking:

There are various locations where parking is available at a cost or is free for a limited time. Surrounding the Village at Mammoth there are timed parking spots [across the street from The Westin Monache Resort](#) on Canyon Boulevard, as well as on either side of Minaret Road.

There is also a [parking lot across the street on the Minaret Road side of the Village at Mammoth](#). This specific parking area is a paid parking lot, where you can pay from an hour to whole days at a time. Prices may vary between holidays and events. Traditionally, \$2.50 for 2 hours, \$5.00 for 4 hours, \$10.00 for the evening until 2:00am, \$20.00 for overnight until 8:00am, \$35.00 for 24 hours, \$65.00 for 48 hours, \$90.00 for 90 hours. Also, on the street side of the Minaret Road parking area, there is 2 hour parking with available parking from 6:00am to 2:00am.

RIDE YOUR BIKE!

The Town of Mammoth Lakes is only four square miles and we encourage you to ride your bike to get around.



Shakeout Rides

YOUR ADVENTURE BEGINS HERE

MAMMOTH'S LARGEST SELECTION OF DEMO SKIS, BOOTS AND BIKES

Footloose SPORTS

EXPERT CUSTOM BOOTFITTING
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3043 MAIN STREET | MAMMOTH LAKES | FOOTLOOSESPORTS.COM | 760-934-2400

FOOTLOOSE FRIDAY FREE RIDES [#YourAdventureBeginsHere](#)

Join us on Friday, September 17 for the Shakeout Rides from 10-11:30.

There will be three rides to choose from based on your ride preference. If you want to go hard and get some good efforts in before the event, there's a group for you. And there's also a group where you won't get left behind at a chill pace, and a group for a comfortable, average riding pace. Choose your own Friday adventure, and they'll all start at Footloose.

- 1. No-Drop TUFF**
 - [Niner Bikes](#)
 - Chill speed, see the sights and spin the legs with multiple regroup points.
- 2. Extra Medium TUFF**
 - [The Pro's Closet](#)
 - The Pro's Closet will lead a medium speed ride with a regroup point at the halfway. Expect to ride a little harder to hang on and warm up, but nobody is attacking off the front or sprinting.
- 3. Openers TUFF**
 - [Monster Hydro](#)
 - This [#HardChargingHydration](#) group will have a speedier pace with a handful of sections to throttle it if you want to get in some true openers. There will be a quick regroup.

BUFF

Register for the 4th Annual Mammoth Lakes Oktoberfest Bier Run and be entered into the BUFF Category for Mammoth TUFF. Scored as an Omnium on time.

[CLICK HERE TO REGISTER](#)

Date

Friday, September 17, 2021

Time

3pm-4:15pm: Pick up bib and shirt at Gomez's Restaurant in The Village at Mammoth

4:30PM: Race begins

Race Details

Race Distance: 1Km (3 laps of 333m and 3 beers)

All participants will receive a commemorative race t-shirt, finishers medal and 3 Michelob Ultra beers to drink during the race!

Race Entry Fee and T-Shirt

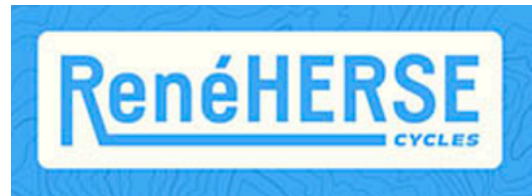
\$30

Race proceeds go to the Mammoth Track Club.

This event is not associated with Mammoth Tuff. It is separate and supported by Oktoberfest and the Mammoth Track Club. We will only be getting your finishing times for the omnium BUFF Category.



The Village
AT MAMMOTH



Knobbe **Martens**

INTELLECTUAL PROPERTY
+ TECHNOLOGY LAW

EASTON
CYCLING



**Liquid
Death**
MOUNTAIN WATER

Fun Facts



- With 3,500 acres of skiable terrain, 400 inches of snowfall a year, and seasons that can last into July, Mammoth is Southern California's mountain home.
- Mammoth Mountain is a large, dormant volcano (hot vents included) – which has the highest skiable terrain in California.
- Mammoth Bike Park offers 80+ miles of world-class singletrack for everyone.
- Mammoth Lakes lies on the edge of the Long Valley caldera, and the area around the town is geologically active, complete with hot springs.
- Mining was the key that unlocked the treasure chest of the Eastern Sierra and Mammoth got its name from the early gold rush to Mono County that the Mammoth Mining Co was a part of.



**Mammoth
Dwell**

Live Here

Mammoth Dwell. Com

Realtor

Eric Van Winkle

760.709.6319

DRE# 02020662



COVID-19 Guidelines



On August 3, 2021, Dr. Richard O. Johnson, Acting Public Health Officer for Mono County, has issued a Local Health Order (Order) requiring the use of face coverings (masks) for both vaccinated and unvaccinated residents and visitors within indoor public spaces in Mono County and the Town of Mammoth Lakes. The Order is in response to increasing COVID-19 (Coronavirus) cases locally and statewide, coupled with the added concerns of the Delta variant, as well as a number of “breakthrough” cases (positive COVID-19 cases in fully vaccinated individuals).

The Order specifically states that ***“All persons within Mono County and the Town of Mammoth Lakes, regardless of vaccination status, shall wear face coverings while in public, indoor spaces.”***

Please prepare to wear a face covering while in public, indoor spaces and in areas of Substantial or High transmission.

Currently, we do not anticipate asking people to mask up during outdoor portions of this event, but please be prepared in case this changes.

Mammoth Mountain activities, including the Mammoth Bike Park and Mammoth Adventure Center, are currently open daily. Staff is working hard to keep guests safe on the mountain with COVID-19 safety protocols. [Learn more about the health and safety precautions the mountain is taking to keep guests and staff safe.](#)

In the event of a cancellation due to COVID-19 and/or Natural Disasters (CA Wildfire, etc) riders will receive half of their entry refunded.

Thank you for understanding.



