**Insulated Concrete Form (ICF) Construction**

Benefits:

¨ Sustainable - Long lasting, durable, impact resistant, energy efficient

¨ Resilient - Disaster resistant: fire, hurricane, tornado, strong winds, etc.

¨ Comfortable - Very quiet, draft free, constant temperature

¨ Fewer building steps/tradesmen are needed. 6 construction steps in one easy process: concrete, steel reinforcement, insulation, air barrier, vapor barrier, furring strips.

¨ Beautiful - ICF homes don’t look like storm shelters or boxes

¨ Affordable - Depending on competitive materials like wood pricing, concrete homes are affordable

Resources:

¨ ICFMA - Insulated Concrete Form Manufacturers Association
<https://icf-ma.org/>
ICFMA Project Profiles: homes, commercial, mid-rise, apartments, medical etc.
<https://icf-ma.org/designing-with-icf/project-profiles/>

¨ NRMCA - National Ready Mixed Concrete Association
Podcast including ICF’s <https://buildwithstrength.com/concrete-credentials/>

¨ BWS - Build with Strength Program
<https://buildwithstrength.com/wp-content/uploads/2016/07/02-NRMCA-BWS-ICF-v2-Infographic-NS.pdf>

¨ Habitat for Humanity & ICF’s
<https://buildwithstrength.com/habitat-for-humanity/>

¨ PCA – Portland Cement Association

[https://www.cement.org/cement-concrete/paving/buildings-structures/concrete-homes/building-systems-for-every-need/insulating-concrete-forms-(ICFs)](https://www.cement.org/cement-concrete/paving/buildings-structures/concrete-homes/building-systems-for-every-need/insulating-concrete-forms-%28ICFs%29)

  

ICF Homes & Buildings, in Kansas City, in varies stages of construction.



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