HELEN SANDERS 6-29-2024 RENEWING OUR MINDS

Our soul is made up of our mind, our will, and our emotions. Together they are our soul. Most of our battles take place in our thought life, or our minds. This is where Satan targets us more than any other place. If he can get an inroad into our thoughts, then he controls us.

Before we receive salvation through Jesus Christ, our minds are continually subject to what the prince of this world, Satan, puts in them. He tempts us with thoughts to sin and then torments us after we sin. He does not play fair. He has nothing good in him at all. His goal is to defeat you and send you to hell.

After salvation, our minds must be renewed. We must make the choice to listen to God instead of listening to Satan and his lies. Oh, Satan will still put thoughts into our minds to tempt us, but we have to choose to say no. I would compare this to someone that is a diabetic. He must make a choice to eat right. Even a little of the wrong food can bring blindness, and more disease to his body. By not eating right some people have had to have amputations because that part of their body doesn't work right anymore. In a sense, we must amputate the thoughts that Satan puts into our minds and replace those thoughts with the word of God instead. By doing this, we get the victory.

It takes time to do this. It must become a regular habit of reading the promises of God daily. Just like a diabetic has to choose to have a "lifestyle" of eating right, and not just a diet, if he wants to be healthy, we must do the same thing spiritually.

Satan will bring up our past sin and use it as a weapon against us in our thought lives. He will continually bring thoughts like, "you will never be any good" or "you don't believe God could love you, do you?" These bring torment to us. If we continue to listen to the lies that Satan throws at our thought lives, we will live a defeated life.

We must accept the fact that we "were" sinners, but God has forgiven our sin and put them away for eternity. He FORGETS THEM. If God forgets them, then who are we to bring them back up? We must discipline our thought life just like disciplining our physical bodies with the right choices of food.

So, what are you eating spiritually? I pray that you are eating from the word of God. That diet will never bring death, it only brings life. Be encouraged in your walk with God my friends. He loves you and gave His only Son for you, and that in itself is enough reason to trust him. So, go forward, casting down those thoughts from the devil and enjoy your walk with Jesus. He has a plan for you, and it is good!