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CASTING ALL YOUR CARES

In 1 Peter 5:7 it says, ***“Casting all your care upon him; for he careth for you.”***

The word casting is the Greek word *epirrhupto* which means to throw down, literally or figuratively. It means to give it up once and for all.

Jesus wants us to give him all our concerns. He wants us to cast them at His feet and leave them there. He does not want us to carry things that are too heavy for us. Sometimes we think that we are Superman and can do everything for everyone, but this is not the truth.

Every day Jesus came aside to get alone with the Father. If he needed that time of rest with the Father, then He is our example to also come aside and rest. In the Book of Hebrews 4:9 it says, ***“There remaineth therefore a rest to the people of God. 10 For he that is entered into his rest, he also hath ceased from his own works, as God did from his. 11 Let us labour therefore to enter into that rest, lest any man fall after the same example of unbelief.”***

The Hebrews saw the mighty works that God did when He brought them out of the land of Egypt. Despite seeing all that God did, they did not believe God’s promise when he said that he would give them the land. They only saw the giants. They did not believe God could deal with them, and they rebelled. It cost those that rebelled their lives, and they did not enter into the promised land because of their unbelief.

We must trust God that for every problem we encounter, that God has a promise, and that when we lean on him and give Him our cares, that he will carry the load. That is the only way to be relieved from the heavy burdens.

Trust him! Trust that what he has promised He will perform. Cast your cares on him!