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ENDURANCE

The dictionary defines endurance as: “The ability to withstand hardship or adversity, particularly the capacity to sustain a prolonged stressful effort or activity. It encompasses the ability to resist, withstand, recover from, and have immunity to trauma, wounds, or fatigue.”

In simple terms it means when the going gets tough we do not quit.

Some believe God has loaded their plate with more than they can handle, but God knows exactly what we can “endure.” 1 Corinthians 10:13 says, ***“There hath no temptation [trial] taken you but such as is common to man: but God is faithful, who will not suffer [allow] you to be tempted above that ye are able; but will with the temptation [trial] also make a way to escape, that ye may be able to bear it.”***

Enduring through trials increases our faith. We do not endure with our own strength; we know where our source of strength comes from, and that is the Lord. He gives us the strength to finish our race victoriously.

Are you struggling with a trial? That struggle grows your spiritual muscles so the next trial will be easier. If we quit in the middle of a trial, we become the victims. Do not lose hope my friend, God will see you through. Endurance is simply abiding in the Lord and His promises and depending on Him to keep His Word.