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SMILE – IT INCREASES YOUR FACE VALUE

When was the last time that you had a good “belly laugh”? If you can’t remember, then you need to realize just how important it is to laugh. In Proverbs 17:2 it says, “***A merry heart doeth good like a medicine: but a broken spirit drieth the bones.***” Laughter is a good medicine.

There was a man that had cancer and I read his story. He was told by his physician that he needed to start laughing. He told him to put on hilarious comedies from the 50’s and start laughing. He watched I Love Lucy, and the Three Stooges among other comedies. He was told to spend several hours every day watching these comedies and start having some good old belly laughs. He took his doctor’s “prescription” and did this for several weeks and the cancer disappeared! Now that is a miracle. Laughter is a medicine.

With all the craziness going on in the world I see more anger than ever before. There is anger in homes and anger in the church. I wonder what would happen if we took Proverbs 17:2 to heart and decided to laugh more. It may not cure the world, but it sure can’t hurt us!

I challenge you that are reading this to deliberately find something to laugh about several minutes a day. Many that read this newsletter say they read it for the cartoons, so that is a good start. Life is full of humorous things my friends and from my years in the business world and the ministry I could write a book. Maybe I will call it “Smile, it increases your face value.”

Made you laugh, didn’t I? 😊