

HELEN SANDERS

9-13-2020

THREE HAIRS

There is a story of a lady that woke up from sleep and saw she only had three hairs on her head. She thought to herself, that is just wonderful. I can braid my hair, so she did, and she had a great day.

The next day she woke up with only two hairs and said this is awesome. I can wear my hair in pigtales, so she did, and she had a great day.

The next day she woke up with only ONE hair. She said this is excellent, I can wear my hair in a ponytail today, so she did, and had a great day.

The next day she woke up with no hair, and said Glory, Glory, today I don't have to fix my hair, and had the best day ever.

Whether we have a bad hair day, a good hair day, or a no hair day, we can make it a good day. There is so much to be thankful for. My goodness, if you are reading this that is something to be thankful for. There are over 32,000,000 American adults that cannot read. There are nearly 61,000 young people that are blind.

I could go on, and talk about diseases, disabilities, mental illness and so much more. If we start counting our blessings instead of what we don't have, I can assure you there are more blessings than things wrong.

Remember, stinkin' thinkin' leads to sinkin'. The scriptures say in Proverbs 17:22, ***"A merry heart doeth good like a medicine: but a broken spirit drieth the bones,"*** so why not practice being happy today!! Be blessed