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4-12-2023

OUR PLACE OF STRENGTH AND SAFETY

Psalm 46:1-3 says, ***“God is our refuge and strength, a very present help in trouble. Therefore will not we fear, though the earth be removed...though the mountains shake...”***

Let's look more at this verse and what it means for us.

Refuge: (Strong's 4268) is machaceh (makh-as-eh') which means a shelter, place of refuge or hope, a place of trust.

Strength: (Strong's 5797) is 'oz (oze), a place of boldness, might, power, strength.

Fear: (Strong's 3372) is yare' (yaw-ray'). It has a double meaning depending on the context of the surrounding scripture. First it means to cause to frighten, to be afraid, put into fear, affright, terrible, and second, to morally revere, to be in reverence. In this passage, it is the first meaning, that we need not to be afraid of anything no matter how bad it may appear.

This passage of scripture tells us that our hope is to trust in the Lord as our place of shelter. That then places us in a place of holy boldness in God's power and mighty strength that works from within us. Due to our place of safety and our active faith and trust, we should never be afraid of consequences. God is on our side.

This is confirmed in 2 Timothy 1:7 where it says, ***“For God hath not given us the spirit of fear, but of (bold) power, and of love, and of a sound mind (that is fixed upon Him).”***

Sickness, disease, adversity of any kind, should never cause us to doubt or to waiver in our trust of God. Ephesians 6:10 says, ***“Be strong in the Lord, and in the power of His might (strength).”*** Our strength does not come from ourselves, it comes from the Lord.