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BE STILL AND KNOW THAT I AM GOD

In Psalms 46:10 it says, *“Be still, and know that I am God...”* Sounds like a simple thing to do doesn't it. But in actuality it is not that simple.

In our daily lives there are many things that bring “noise” to us. It may be something simple as a child wanting attention, or any number of things that cause us to tune out that stillness with God. It isn't that these things are bad, but they often keep us from quiet time alone with God.

I have found that when God wakes me up in the middle of the night, it is because he is jealous for time with me. I stay very busy seven days a week between teaching in our ministry school, doing a newsletter seven days and then Russell and I preach and teach four days live.

It seems almost impossible to have much quiet time, but we must take that time alone with God to be able to have an intimate walk with Him. I also get up before my husband to spend time reading the word and just meditating on what I read and listening. Often when I go to teach or preach God gives me the word for that day as I sit quietly with him.

Many think they have no time to do this, but is it a sacrifice of our time to be alone with our creator? I think this should be priority number one every day. If we don't take the time to be quiet, God will get our attention in another way, and it may not be as pleasant as we want it to be.

If you aren't taking time to do this determine that today is the day that you will start. I guarantee it will make a difference in your life.