

HELEN SANDERS

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THE PROCESS

If you ever made a cake, then you know there are steps to take for it to be delicious. First, you bring out the ingredients and put them together step by step. You blend the ingredients together until the lumps are out, then when you have the “batter” ready it is time for it to go into the pan. But before putting it into the pan, the pan must be greased, or the batter will stick to the pan. Before putting it into the oven to bake, you must turn on the oven. You do not put it in immediately. You let the oven heat up. Then you place it into the oven to bake.

If the oven is off balance, then the cake might turn out lopsided. Then as it bakes, you test it by poking it with a toothpick to make sure the center is baked as well as the outside. If the center is not baked, the cake will not be edible. Then, after it has baked for the sufficient amount of time, you take the cake out. You cannot grab the pan without a potholder or towel, or you might get burned. Then, the cake is allowed to cool before you put any frosting on it. If you frost it while it is hot, then it will melt and be a mess.

This is called a process. It is all done in an orderly fashion. If one ingredient is left out, then the cake might not rise, or be tasteless. You cannot rush this process. It takes time.

Life is a lot like that cake. We learn how to put life together through experience. We learn how much heat we can take before we get “burnt” in life. Then, when we go through the heat of experience, we often cause our heat to burn others. We need time to cool off before we share what we have learned, or we can do others damage.

The process of life is not easy. It is learned through various trials and errors. It is learned through being a victim and being victorious. We often are too hard on ourselves wanting to be “perfected” before we are ready. Trials build faith in us. We cannot learn a lesson without having gone through a teaching moment. Remember my friends, it is all a process and takes time. Do not be in a rush. Enjoy each step of the process.