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HALF FULL OR HALF EMPTY?

Proverbs 23:7 says, *“For as he thinketh in his heart, so is he.”* This is so true because we become or do what we think about. How we perceive things and what we continue to think about affects every area of our life.

Take someone that has had a rejection problem. Someone might look in their direction, but they don't really see them. They are thinking about something that had nothing to do with that person but if the person turns and speaks to someone the rejected soul thinks that the person is talking about them. I have seen this happen. They see things through a heart that has been wounded.

I never realized until about 13 years ago that when I am in deep thought that my face appears to be angry. I am not angry about anything I am just processing thoughts and I look stern. I have had to really work on that since we go live on Facebook and YouTube. I don't want to come across looking angry when I am not. I spoke to a telephone operator once and she came across so cheerful. I thanked her for her wonderful attitude. She told me that they had to keep a mirror in front of them, so they know what they look like when they are talking. She told me that since she started smiling while talking to her customers, she actually came across differently.

Some people look at a glass of water that is halfway up and see it half full. Others see it half empty. Both are correct, but many feuds have been fought over which is right. Does it really matter? I suggest that the water gets shared and when the glass is empty, they have a good laugh.

Then there is the toilet paper roll. Does it go on the toilet paper holder over or under? Mine is always over, but others go under. I have had people change the roll in my home to suit their preference. Does it really matter which way it rolls? After the shortage of toilet paper in 2020, we should all be glad to just have it available.

We need to take our thoughts and let them be sifted through by the Word of God. We need to see that others may have differing opinions than we do, but we can be kind to them. I am not talking about sin now I am talking about small divisive things like the glass of water. Some see the sky all blue on a sunny day, while others look for the one little cloud.

I truly believe if we look into the mirror of the word before we speak that we will find our words will come out of our mouths filtered in love. Remember, the fruit of the Spirit is love, joy, peace, long suffering, (patience), gentleness, (kindness) goodness, faith, meekness, temperance. The more fruit of the Spirit we have in our lives the less it matters whether the glass is half full or half empty. Be blessed.