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LIGHTEN THE LOAD

There are times in our lives when we need to make changes quickly. This happened to Jonah when it was determined that his disobedience was causing a storm that would destroy the ship he was on and everyone in it. He told the crew to throw him overboard. Yet, that was not the end of Jonah. God had prepared the "great fish" (some say whale) to swallow Jonah. In the belly of that whale Jonah repented and the very thing that "swallowed" him up brought him to the shore of his destiny.

I perceive that many who are reading this have taken on things that God never intended them to do. Yes, they may be "good works," but they have caused some storms in your life. Perhaps you need to reassess these things and see if God is really wanting you to continue doing them.

It is okay to say "no" when God says to say no. There may be those that will resent your decision and even turn their back on you, but God knows all about that too. When it is time to lighten the load so you do not "sink" in the storm, then you must go with God's plan and not your own or others.

How does one lighten the load? You spend time in prayer asking God if the things that are "weighing you down" are truly from Him. If he says yes, then continue, but if there is a check in your spirit, then make the decision to let them go. You cannot be everything to everyone my friend. The only person you need to please is God, so if he says "lighten the load" then do it.