

RUSSELL SANDERS
7-24-2025
THE "I AM"
LESSON 6

John 6 records Jesus' discourse on the bread of life. This was the day after the feeding of the five thousand.

In John 6:30-31 The religious leaders said to Jesus that Moses gave them bread (manna) in the wilderness and asked what sign He would give them.

In verse 32 Jesus replied [NKJV], ***"... Moses did not give you the bread from heaven, but my Father gives you the true bread from heaven. For the bread of God [Father] is He who comes down from heaven and gives life to the world."***

Then in verse 35 He said (KJV), ***"I AM the bread of life. He who comes to Me shall never hunger; and he that believeth on me shall never thirst."***

The religious leaders complained [murmured] because Jesus said in verse 41, ***"I AM the bread which came down from heaven."*** And in verse 51, ***"I am the living bread which came down from heaven. If anyone eats of this bread, he will live forever. And the bread that I shall give is My flesh, which I shall give [sacrifice] for the life of the world." (NKJV)***

Bread symbolizes the sustenance that maintains life. Jesus' gave us His flesh on the cross. When we believe upon the giving of Himself, we believe in the sacrifice of His flesh. When we believe in faith on the cross, we are partaking of his flesh. It is our bread of life that sustains us throughout all eternity.

We symbolically "eat of his bread [flesh]" and "drink" of His shed blood for it is by this sacrifice that we are freed from the curse of sin and are given eternal life that only comes through Him. This is an act of faith upon Him.

Without the "bread" of His flesh and blood, there would be no salvation. It is our food for life" so to speak. He is our bread of life both now and for eternity.