HELEN SANDERS 6-22-2024 THE MIRROR

When we look into a mirror, what do we see? Do we see in our faces all the problems that weigh us down, or do we see a warrior wearing the armor of God? How we see ourselves will determine who and what we are and become! We must take all our thoughts captive, and not allow what we "feel" to override what God says about us!

The ability to feel is a great gift. If we did not feel pain when we touch fire, our bodies would be destroyed. If we did not feel emotional, we could not be in touch with other people and understand what they are going through.

Yet, we must not let ourselves be controlled by our feelings. We must "hear" the voice of God through His Word, and only be led by the promises of God. We MUST do this to get the victory that is ours through the death, burial, and resurrection of our Lord. Otherwise, we will live defeated lives although we have been given promises for an overcoming life.

We must learn to "see" what we say instead of "say" what we "see." We must make the choice to go with what God says about us rather than what we feel. It is not an easy battle. It takes diligence, and persistence, but one can do it if they choose to.

Think of the word of God as a mirror. It reflects who God is and in so doing we see ourselves in him. We can live a defeated "emotional mess" life, or we can choose to put the Word of God (the mirror) in front of our eyes, and speak it, and live in victory.

The choice is up to us. Like that mirror, the closer we get to God the more we see him and know him. God wants us to be a reflection of himself, then we become all that He has planned for us.