

Romans 10:10:

“For with the heart man believeth unto righteousness; and with the mouth confession is made unto salvation.”

Notice the words in this verse, ***“For with the heart man believeth...”*** It is with the heart that man believes.

Mark 11:23, ***“For verily I say unto you, that whosoever shall say unto this mountain, ‘Be thou removed, and be thou cast into the sea;’ AND SHALL NOT DOUBT IN HIS HEART, but shall BELIEVE [in his heart] that those things which he saith shall come to pass; he shall have whatsoever he saith.”***

Notice the phrases in both verses of scripture pertain to believing with the heart. From these scriptures we can see that it is with the heart that man believes.

THE HEART OF MAN IS THE SPIRIT OF MAN

To further explain what it means to believe with the heart, we must understand that the heart of man is the spirit of man. Man **is** a spirit, he **has** a soul, and he **lives** in a body.

The heart used in the scriptures we just mentioned are not the physical organ that pumps the blood and keeps us alive. If that were true, it would mean we are to believe God with our bodies! No, the word “heart” does not refer to the human physical organ of the body. You could not believe with your physical heart any more than you could believe with your physical finger.

The word “heart” here is used to convey a thought. Notice how we use the word “heart” today. We talk about the heart of a tree. What do we mean? We mean the center, the very core. We talk about the heart of a subject. What do we mean? We mean the most important part of that subject – the center of it – the main part of it around which the rest revolves.

And when God speaks of the human heart, He is speaking about the main part of man, the very center of man’s being, which is his spirit. Man is a spirit; he has a soul; and he lives in a body.

I Thessalonians 5:23: “And the very God of peace sanctify you wholly; and I pray God your whole SPIRIT and SOUL, and BODY be preserved blameless unto the coming of our Lord Jesus Christ.”

The Apostle Paul said, **“...I pray God your whole spirit...soul...and body...”** Notice that Paul started with the very heart of man, his spirit. When God speaks of the heart, He means the human spirit. You will find that many times the words “heart” and “spirit” in the Bible are interchangeable.

We know that man is a spirit because he is in the same class as God. Man is made in the image and the likeness of God. (Genesis 1:26.) In John 4:24 Jesus said, **“God is a Spirit...”** It is not your physical man that is like God, for the Bible says that God is not a man (Numbers 23:19). Remember that there is an inward man and there is an outward man.

In John 3:3 Jesus said to Nicodemus, **“...Except a man be born again, he cannot see the kingdom of God.”** Nicodemus was operating in the natural realm, and he could only think in terms of the natural, so he asked Jesus in John 3:4,

“How can a man be born when he is old? Can he enter the second time into his mother’s womb, and be born?”

Notice how Jesus answers him in John 3:6,

“That which is born of the flesh is flesh; and that which is born of the Spirit is spirit. The new birth is a rebirth of the human spirit.

Notice that Paul said in Romans 1:9, **“For God is my witness, whom I serve with my spirit in the gospel of His Son.”**

Also, notice what Jesus said to the woman at the well in Samaria in John 4:24,

“God is a Spirit: and they that worship him must worship him in spirit and in truth.

The words **“in spirit”** in the phrase, **“worship him (God) in spirit and in truth”** refers to the human spirit, not the Holy Spirit. You see, you cannot contact God with your body or your mind. You can only contact God with your spirit; therefore, you must worship him from your spirit or heart.

Romans 2:28,29 *“²⁸For he is not a Jew, which is one outwardly; neither is that circumcision which is outward in the flesh; ²⁹But he is a Jew, which is one inwardly; and circumcision is that of the HEART, IN THE SPIRIT, and not in the letter; whose praise is not of men, but of God.”*

In this passage, the “heart” of man and the “spirit” of man are used interchangeably. Your heart, according to this scripture is your spirit.

I Corinthians 14:14 says, *“For if I pray in an unknown tongue, my SPIRIT prayeth, but my UNDERSTANDING is unfruitful.”*

Notice in this passage of scripture that the Bible makes a distinction between the spirit of man and the understanding or mind of man. Your spirit is not your mind. And your mind is not your spirit. Anyone that speaks in tongues knows that it does not come from your head. It comes from down inside of you – from your innermost being – from the Holy Spirit in your spirit.

Now we will look at **I Corinthians 14:15**; *“What is it then I will pray with the SPIRIT, and I will pray with the UNDERSTANDING also...”* In other words, Paul was saying that the spirit of man is distinct and separate from man’s mind or understanding.

THE INWARD MAN VS. THE OUTWARD MAN

Now, let’s read some other scriptures. I want to simply get you conscious of the fact that you are a *spirit*, that you *have* a soul, and that you *live* in a body.

Hebrews 12:18-23

“¹⁸ For ye are not come unto the mount that might be touched, and that burned with fire, nor unto blackness, and darkness, and tempest ¹⁹ and the sound of a trumpet, and the voice of words; which voice they that heard intreated that the word should not be spoken to them anymore: ²⁰ (For they could not endure that which was commanded, and if so much as a beast touch the mountain, it shall be stoned, or thrust through with a dart: ²¹ and so terrible was the sight, that Moses said, I exceedingly fear and quake) ²² But ye are come unto mount Sion, and unto the city of the living God, the heavenly Jerusalem, and to an innumerable company of angels, ²³ To the general assembly and church of the firstborn, which are written in heaven, and to God the judge of all, and to THE SPIRITS OF JUST MEN MADE PERFECT.”

II Corinthians 4:16

“For which cause we faint not; but though our OUTWARD MAN perisheth, yet the INWARD MAN is renewed day by day.”

The Bible makes a distinction between the inward man and the outward man. The outward man is the body, and the inward man is the spirit. The inward man is not the soul. The inward man, or the spirit has a soul, but the inward man is not the soul.

I Corinthians 9:27

“²⁷But I keep under my body and (I) bring it into subjection: lest that by any means, when I have preached to others, I myself should be a castaway.”

The inward man, the spirit, is the real man. Notice Paul said, ***“...I keep under my body...”*** I want you to notice something. If the body were the real man, Paul would have said, “I keep myself under. I bring myself into subjection.” But Paul calls his body ***“it.”***

He said, ***“...I keep under my body and (I) bring IT into subjection...”*** I, is the man on the inside; the inward man that has been reborn. Paul said, *I* do something with my body. *I* bring it into subjection.

You see, the man we look at on the outside is not the real man. It is just the “house” we live in.

PRESENT YOUR BODY – RENEW YOUR MIND

Romans 12:1,2

“¹ I beseech you therefore, brethren, by the mercies of God, that ye present your bodies a living sacrifice, holy, acceptable unto God, which is your reasonable service. ² and be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good and acceptable, and perfect, will of God.”

There is something in these verses of scripture that should astound us when we read them. Paul is not writing the letter of Romans to sinners. He wrote in **Romans 1:7**, ***“To all that be in Rome, beloved of God, called to be SAINTS...”***

He is writing to men and women who have been born again and filled with the Holy Ghost. And yet he says that Christians need to do something with their own bodies and their minds. This may shock you that these were people that were saved and filled with the Holy Ghost, yet their bodies and minds had not been affected. Can you see that?

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WHAT IT MEANS TO BELIEVE WITH THE HEART PART 1

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So, you see, the new birth is not a rebirth of the human body or the mind, but it is a rebirth of the human spirit. And the infilling of the Holy Ghost is not a physical experience or a mental experience, because it is a spiritual experience.

Because your body was not born again in the new birth, you will have to do something with your body. You will have to present it to God as a *living sacrifice*. And, you will have to do something with your mind. You will have to get your mind renewed with the Word. This is something that **you** do, not God. God gives **you** eternal life. God offers **you** His Spirit; but God does not do anything with your body. If anything is done with it, **you** will have to do it!

Someone once said, “I can’t.” As long as you take sides against God and against His word and you say you can’t, then of course, you won’t be able to do anything. But the Bible says that YOU are to present **your body** unto God (**Romans 12:1**). That means you **CAN DO IT**. In fact, no one else can do it for **you**. **You** present **your** own body unto God.

Romans 12:2 says, “**...be ye transformed by the renewing of your mind...**” Our minds are to be renewed with the Word of God. That comes through reading and meditating on the Word. But God also put teachers in the Church to teach people the truth and help people renew their minds. I dare say that your minds have begun to be renewed through these lessons. Have you become conscious of the fact that you are really a *spirit*, that you *have* a soul, and that you *live* in a body?

MAN IS A SPIRIT BEING

The spirit of man is the heart of man. We know that man is a spirit. We know that as a spirit being man is in the same class with God. He has to be, because he is made in the image and likeness of God (**Genesis 1:26; John 4:24**). Man is not an animal. You know, some folks would have you believe man is just an animal. But if man is just an animal, it would not be any more wrong to kill a man and eat him than it would be to kill a cow and eat it! But we know that is not true.

Man has a physical body that he is living in, all right, but he is not an animal, and he is more than just mind and body. Man is a spirit, soul, and body. He IS A SPIRIT, HE has a soul, and he LIVES in a body. That is what makes man different from animals.

You see, one thing some of the cults teach is that in Genesis, in the Hebrew language, the Word of God speaks of the souls of animals. We have never really defined spirit, soul, and body of man in Christendom as we should have. And so many adherents of these cults say animals have souls just as much as people do, so when a person is dead, he is dead just like a dog is dead.

It is true that animals do have souls, but they are not spirit beings like we are. You see, there is nothing in animals that is like God. But God took something of Himself – His Spirit – and put it in man. God made the body of man out of the dust of the earth, but He breathed into man’s nostrils the breath of life. (Genesis 2:7.)

Now that does not mean that God is a human and that He breathes as we do in order to stay alive. The word “breath” there, or “*ruach*” in the Hebrew means breath, wind, or spirit, and is translated “Holy Spirit” many times in the Old Testament.

God is a Spirit, so He took something of Himself, which is Spirit, and put it into man. The minute He did, man became a living soul. Man was not alive until then, but then man became a living soul. We could say that when man became a living being is when man became conscious of himself and his own existence because his body was dead without the spirit.

Animals do have a soul because the soul is the mind, will, and emotions. Animals do have a certain amount of mental, emotional, and volitional qualities, but it is all based upon the physical, and when the physical is dead, it is all over. But our souls – our emotional, mental, and volitional qualities – are not based upon the physical, but upon the spirit because when the body is dead, these qualities still exist.

Let us look at Lazarus and the rich man in Luke 16 that gives us some insight regarding man as a spirit being. This passage also shows us that man’s spirit and soul separate from his body after physical death.

Luke 16:19-22

19 There was a certain rich man, which was clothed in purple and fine linen and fared sumptuously every day: 20 And there was a certain beggar named Lazarus, which was laid at his gate, full of sores. 21 And desiring to be fed with the crumbs which fell from the rich man’s table: moreover, the dogs came and licked his sores. 22 and it came to pass, that the beggar died, and was carried by the angels into Abraham’s bosom: the rich man also died and was buried.”

Now the beggar died and the angels (angels are ministering spirits) carried him, that is, his spirit, away. He spirit was the real person. Let us continue reading.

Luke 16:23-26

“23 And in hell he (the rich man) lift up his eyes, being in torments, and seeth Abraham afar off, and Lazarus in his bosom 24 And he cried and said, Father

Abraham, have mercy on me, and send Lazarus, that he may dip the tip of his finger in water, and cool my tongue; for I am tormented in this flame. ²⁵ But Abraham said, Son, remember that thou in thy lifetime receivedst thy good things, and likewise Lazarus evil things: but now he is comforted, and thou art tormented. ²⁶ And beside all this, between us and you there is a great gulf fixed: so that they which would pass from hence to you cannot; neither can they pass to us, that would come from thence.”

Verse 22 says, “... **the rich man also died, and was buried.**” The rich man’s body was put in the grave, but the Bible says that in hell, **he** lifted up his eyes.

At that time, Abraham’s body had been in the grave for years, and yet the Bible says the rich man saw Abraham (Luke 16:23). Also, the rich man recognized the beggar, Lazarus. Therefore, we can conclude that in the spirit realm, man looks very similar to what he looks like in this life in the flesh. In other words, people can be recognized in heaven and hell; you can know who they are.

You see, man is a spirit, he has a soul, and he lives on this earth in a body. In heaven, man’s soul is still intact. He can still remember things, and he still has emotions (the soul is made up of the mind, the will, and the emotions) because we read in Luke 16:27 and 28 that the rich man was concerned about his five brothers who were still alive on the earth, and he wanted to warn them.

THE “BUILDING” OF GOD – OUR BODIES

II Corinthians 5:1 ¹ **“For we know that if our EARTHLY HOUSE OF THIS TABERNACLE (man’s body) were dissolved, we have a building of God, an house not made with hands, eternal in the heavens.”**

The bible is saying here that the body of man was made with hands, but the inward man, the spirit of man, was not. Therefore, when our body is put in the grave, we still have a “building of God” our spirit – not made with hands, and we shall live eternally in the heavens. Notice what Paul says in **II Corinthians 5:6-8**

“⁶ Therefore we are always confident, knowing that whilst we are at home in the body, we are absent from the Lord [We are at home in our bodies because our bodies are our fleshly homes down here on the earth; our bodies are not the real us – they are just the houses we live in] ⁷ (For we walk by faith, not by sight) ⁸ We are confident, I say, and willing rather to be absent from the body, and to be present with the Lord.”

Who is going to be absent from the body? WE ARE! – the real us – the spirit man on the inside of each of us as Christians. We are going to be absent from the body here on earth one day, but we will be present with the Lord. The Bible talks of the inward man as being the real you. All of these scriptures prove that statement.

We know that God is a Spirit, and we know that Jesus became a man, for Jesus was God manifested in the flesh living in a human body. We know that Jesus took on a physical body, and when He did, He was not less God than He was before He had a physical body.

We also know that man leaves his physical body at death and likewise, when he does, he is no less man than he was when he had his physical body. That is proven by the story of the rich man and Lazarus in **Luke chapter 16**. The rich man was possessed with all his faculties. He saw Lazarus with his eyes and recognized him.

II Corinthians 12:2

“² I knew a man in Christ above fourteen years ago, (whether in the body, I cannot tell; or whether out of the body, I cannot tell: God knoweth) such an one caught up to the third heaven.”

Paul told how he had been caught up into Paradise (third heaven) and heard in **verse 4**, ***“unspeakable words, which it is not lawful for a man to utter.”***

Most bible scholars agree that Paul was talking about his own experience. Paul said, in effect, “I don’t know whether I was in my body or out of my body.”

PHYSICAL DEATH IS SEPARATION FROM THE BODY

Also, we can see from the following scriptures that when a man dies, he leaves his physical body behind.

II Corinthians 5:8 ***“⁸ We are confident, I say, and willing rather to be ABSENT FROM THE BODY, and to be PRESENT WITH THE LORD.”***

Philippians 1:21-24 ***“²¹ For to me to live is Christ, and to die is gain. ²² But if I live in the flesh, this is the fruit of my labour: yet what I shall choose I wot not. ²³ For I am in a strait betwixt two, having a desire to DEPART, AND TO BE WITH CHRIST, which is far better: ²⁴ Nevertheless to abide IN THE FLESH is more needful for you.”***

In other words, Paul was saying that when a believer dies, he leaves his physical body, and he goes to heaven to be with the Lord.

Friends, we can only understand God and the things of God through His Word. And we cannot know God through our natural human knowledge and through our minds. God is only revealed to man through the spirit. When I say the “spirit” I am not referring to the Holy Spirit. I mean that we know God through man’s spirit. It is the spirit of man that contacts God, for God is a Spirit (**John 4:24**).

We know that spiritual things are just as real as material things. God is just as real as though He had a physical body, yet He does not. He is a Spirit. Jesus has a physical body now, a flesh and bone body, but not a flesh and blood body (**Luke 24:39**). You remember that after Jesus’ resurrection He appeared to the disciples, and they thought they were seeing a spirit or a ghost. But Jesus said in **Luke 24:39**, “**...handle me, and see; for a spirit hath not flesh and bones, AS YE SEE ME HAVE**”

Also, in **John chapter 21**, Peter and some of the others had gone fishing. They had fished all night and caught nothing. The next morning, they saw Jesus on the shore, and He spoke to them. They caught so many fish that they were not able to draw the multitude of fishes in. Then they came to the shore, where Jesus had put fish on the fire, and He ate with them (**John 21:9-15**). Jesus had a physical body then, a resurrected flesh and bone physical body because His disciples saw Him, and He broke bread with them.

THE SPIRITUAL REALM IS REAL

Jesus, with His physical body now in heaven is not more real than the Holy Spirit or God the Father is real. God is a Spirit. Some people think God is some sort of an impersonal influence. No, *God is a Spirit*. That does not mean that He does not have a shape or a form in the spiritual realm because he does.

For example, the Bible says that angels are spirits, or spirit beings, and yet angels have a form or a spirit body. There was an incident in the Old Testament in which a man’s eyes were opened to behold the angels of God and the chariots of fire round about.

The King of Syria warred against Israel, and in his bedchamber, he would tell his servants the battle plan. But God would reveal the battle plan to Elisha, and he would warn the king of Israel. The king of Syria found out about it, and besieged the city where Elisha was. Elisha’s servant was afraid and said to Elisha in **II Kings 6:15**, “**...Alas, my master! How shall we do?**” Elisha answered his servant, in **verse 16** “**...Fear not: for they that be with us are more than they that be with them.**”

Elisha prayed and asked God to open the eyes of his servant in **verse 17**. Elisha was not talking about the servant's physical eyes, but his spiritual eyes.

When the eyes of the servant were opened, he saw angels of fire, horsemen of fire, and chariots of fire all in the mountain above the city. Sometimes, as God wills, angels can take a form or appearance in the natural realm where you can see them, but not always.

The Bible says, in **Exodus 33:11**, ***"...the Lord spake unto Moses face to face, as a man speaketh unto his friend..."*** This indicates what kind of relationship they had. So, we know God has a face, although Moses did not actually see God's face, for God said to Moses in **Exodus 33:20-23**, ***"²⁰...Thou canst not see MY FACE; for there shall no man see me, and live" "²²...I will put thee in a cleft (cleft) of the rock, and I will cover thee with my hand while I pass by: ²³And I will take away mine hand, and thou shalt see my back parts: but my face shall not be seen."***

I am saying this to show you that God is a Spirit, yet He is no less real because He is a Spirit than he would be if He had a physical body. Jesus, with his physical body is now in heaven (**Hebrews 1:3**), but He is not more real than the Holy Spirit or the father is real. Spiritual things are just as real, even more real than material things. This is what I am trying to get over to you.

THE HIDDEN MAN OF THE HEART IS THE REAL MAN

The same thing is true with the "hidden man of the heart" as the spirit man is called, in **I Peter 3:4**. Your spirit man on the inside of you is actually the "real you," for it is the part of you that is eternal. Notice that word "heart" again. The inward man, your spirit, is called the hidden man. He is the man of the heart, the man of the spirit. The hidden man is hidden to the physical or the natural man. The natural man does not necessarily want to submit to the inward man (**Romans 8:7**) but the inward man - the spirit man - is the real man on the inside.

Actually, believers need a new psychology which goes beyond the mere study of the mind of man. We ought to call it spiritology because psychology only deals with the operation of the human mind through the physical senses. Psychology books have to be constantly changed because they are based on natural human knowledge and theories. Spiritology, on the other hand, would be the study of the human spirit. In **Romans 7:22** the spirit is called the "inward man." This inward man or the "hidden man" in **I Peter 3:4** gives us God's definition of the human spirit. The real man is a spirit; he has a soul; and he lives in a body. With his spirit, man contacts the spiritual realm. With his soul he contacts the intellectual and emotional realm. And with his body he contacts the physical realm.