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RESTING IN GOD'S PROMISES

If you have ever taken care of a baby, there are times that it will be fussy. It just can't settle down and go to sleep. It may be exhausted, but it still fights nap time. It can be a challenge to any parent that goes through it. You rock them, you pat them, you might sing to them and you might walk them until they finally fall asleep and get the rest they need and the rest you need also.

Many Christians are like those babies. They become weary and just can't rest. They let fear control them when they should be trusting in God's promises. They often are even ministered to, but they are bound up in this lack of faith. They might even read the word, but they resist it because their faith is weak. Sometimes they have sleepless nights because they worry and just can't let it go.

If this is speaking of you, then you have only one recourse and that is to trust God! You aren't going to get the promises that He has given you by being like that fussy baby and fighting "father." You need to rest in the fact that when you pray that God does hear you and will always be the provider and sustainer of your life.

You must let your spirit control your mind and flesh. You must feed your spirit with the word of God, so it grows stronger. You must not think of the circumstances, or you will worry. The faith walk is not easy, but it is possible, or God wouldn't have told us to walk by faith.

I was full of fear as a child, but I had to make the choice to believe that it didn't come from God. II Timothy says, ***"For God has not given us the spirit of fear, but of power, and of love, and of a sound mind."*** When I learned how to say no to the devil's lies, I could rest in the promises of God. If it worked for me, it will work for you!