

RUSSELL SANDERS
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THE PEACE OF GOD

There are troublous times around us. There is “much-to-do” about corona virus, talk of mandatory mass vaccinations and chips to be implanted along with it. Businesses are shut down. Social contact is restricted. “Stay at home” orders feel like a mandatory in-home quarantine. It is enough to make some people become worried, stressed out, or depressed if they allow their “thought lives” to dwell on those things.

Philippians 4:7-9 tells us the key to dealing with all of this; do not **“think on these things.”** Let the peace of God keep your minds (and hearts) focused on the good things.

Verse 8 says, **“Whatsoever things are true (Jesus is Truth)...just (God is just)...pure (love is pure)...lovely...of good report...virtuous...think on these things...and the God of peace shall be with you.”**

Do not be concerned over circumstances. Think only the good thoughts today and tomorrow. Try it. Allow no negative thoughts. Take control of your mind and focus only on the good. As you do this, give praise to God. Sing a hymn or chorus. Give thanks for what you have.

“and the peace of God, which passeth all understanding, shall keep your hearts and minds through Christ Jesus.” (v 7)

Don't try to understand it. God understands it, so let that be enough to comfort you. V 9 **“and the God of peace shall be with you.”**