HELEN SANDERS 8-18-2020 KNOW JESUS – KNOW PEACE – NO JESUS – NO PEACE

With the chaos in our world many find it hard to find any "peace" in their lives. Many are even homebound because of Covid19. Some are living in fear that they may catch it. Many have stopped living what would have been their "normal lives," and have traded it for a fear-controlled life. God never intended for us to live in fear. In II Timothy 1:7 it says, "For God hath not given us the spirit of fear; but of power, and of love, and of a sound mind." Fear always brings torment.

In Isaiah 26:3 it says, "Thou wilt keep him in perfect peace, whose mind is stayed on thee: because he trusteth in thee." The word <u>mind</u> comes from the Hebrew word "imaginations." When we started imagining things to be something other than what they truly are, then fear comes in. We cannot let our "imaginations run wild." We have to control our thoughts by having them "stayed" or fixed on God and His promises to us. That is when perfect peace will come.

So many Christians and non-Christians alike are living in the fear realm. If there is a virus, they are "afraid" that they will catch it. If they have a pain, they think it might be cancer. If their finances run low, they think they will have to file bankruptcy. We are to think on the promises of God and not the thoughts that the devil places into our minds. We must control our thoughts, or our thoughts will control us. I could write all kinds of promises in this message that come from the word of God, but then you wouldn't be spending time in the word of God yourself. You must be the one to dig. You must be the one that seeks. You must be the one that determines your future. Not the devil, not a friend, not a Pastor, and not a newsletter.

I will say this, you must turn off the negatives and turn on the promises. Think of a horse in a bridle but also with blinders on. He doesn't see anything except that which is before him and is led by his "master." Walking in fear means Satan is your master taking you blindly where he wants to lead you. Walking in faith means God is your master. He too wants to take you by faith to the place of peace and victory. Your choice. When you know Jesus you will have peace, but you must read his "letters" to you to learn about him and his promises. If not, there will be no Jesus and no peace.

God has a plan for you, and it unfolds as you read it in the word of God. It is a good plan, full of life and hope if you want it. It is yours for the asking and yours for the seeking.

Know Jesus? Know peace. No Jesus? No peace.