Psalm 119:33-36 says, "Teach me, O LORD, the way of thy statutes, and I shall keep it unto the end. Give me understanding, and I shall keep thy law; yea, I shall observe it with my whole heart. Make me to go in the path of thy commandments; for therein do I delight. Incline my heart unto thy testimonies."

The Message Bible says it this way: "God, teach me lessons for living so I can stay the course. Give me insight so I can do what you tell me – [help me to make] my whole life one long, obedient response. Guide me down the road of your commandments [ways, precepts]."

These scriptures are fulfilled in us as we orient our hearts and minds toward God and His word. The Holy Spirit will teach us the understanding of the word. The Holy Spirit will guide our way.

If you read the word of God and you do not quite "get it," ask the Holy Spirit for the understanding. Yes, you can also ask a mentor who can explain it, but ultimately it is the Holy Spirit who is our guide.

However, the main key is that you have an inner hunger to understand God's work, His will, and His ways. The hungry heart seeks. The complacent heart stagnates.

Seek the Lord and His word with all your heart and mind. He delights in the hungry heart.