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TIME OUT

The term “time out” has become a form of discipline for children. It also can mean a “break” or time out when football or other sports games are played. Regardless of which of these happens, there is time away from what you are doing through discipline or through getting with the coach.

I truly believe that many Christians never experience a time where they stop what they are doing and just focus on Jesus, the Holy Spirit, and The Father God. We get caught up in everyday activities to the point sometimes of “burnout” instead of taking some “time out.”

I would suggest that each of you reading this make a decision to take “time out” and get alone with God. Read the Bible and listen to what it says to you. It is so important in the days that we are living in to do this. Many are making decisions based on emotions instead of listening in their “time out” of quiet listening.

Are you at a crossroads in life? Are there decisions that have to be made and you don't know which way to go? Then take “time out” now and know that God will speak to you when you do. Any major decision should always be bathed in prayer and time out with God. You won't regret this time; I can assure you!