

RUSSELL SANDERS
5-20-2022
PSALM 32:7

Psalm 32:7, a psalm of David, says to God, ***“Thou art my hiding place (refuge). Thou shalt preserve me. Thou shalt compass (surround) me about with songs of deliverance.”***

This brings comfort to us. The Lord is our refuge (place of safety), our fortress (Psalm 91:1), and He will deliver us (Psalm 91:3) from a threat to our life (fowler) by the evil one.

Notice that we are to think upon or sing songs of deliverance. Songs of faith and inspiration may run through our head throughout the day. Wake up in the morning with a hymn, a gospel song, or worship chorus in your heart and mind. It will help you all day long. Go to bed with one in your heart and mind.

Songs or music are a meaningful way of worship. It will strengthen you in good times. It will lift you up in the tough times. David was a man after (in the manner of) God’s own heart (spirit). Music and songs (psalm = song) were a vital part of his relationship with God.

It does not matter whether or not you can sing well vocally. It is the song in your heart (spirit) and mind (soul) that really matters. Some of my deepest heart-felt worship comes when I sing aloud certain songs.

Set aside some time to “sing your heart out.” You will experience just how much it can really mean to you. You can do this in private where nobody but the Lord is listening. You can do it with others, also, but just make sure you do it.