

RUSSELL SANDERS

1-2-2025

2025 BLESSINGS

As we get into the new year of 2025, we should take a pause to count our blessings. We take so much in our daily lives for granted that we do not realize the many various ways we are blessed or given favor. These blessings, often taken for granted, may come from God, or friends or family. We may not even know where they came from. We may not even see them as a blessing unless we really sit down and take the time to meditate on them. It helps to write them down. In writing them down, we will discover that we have more to be thankful for than we initially thought.

I suggest that you take this first week of 2025 to write down 25 ways you were blessed this past year. When you list them, new thoughts of blessing will come to you for which you did not initially think of. Then, when you are having a “down” moment, a review of the list can pick you back up.

What were your 25 blessings? Were they from the Lord, from a family member, from a friend, or just from “out of the blue”? Yes, all good things come from God above, but He uses people, tests and trials, and life’s circumstances to bring them about.

The last couple of years, I have been blessed beyond human reasoning. God has worked a couple of absolute astonishing miracles in my life. I am blessed beyond measure.

As you write yours down on paper, you will become amazed at what blessings God has brought into your life. If you only make a mental list, you will likely fail to account for some of them. When you write them down, others will come to mind which you were not thinking of. Do not let someone’s criticism of you get you sidetracked. Keep your mind on the good things with which you are blessed.