

HELEN SANDERS

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WHO SAYS YOU CAN'T?

As a young girl I was truly fortunate to have a mother that told me that I could do anything that I put my mind to. She was an encourager. That encouragement shaped me into what I am today. Little did I know that the scripture said it too.

There are so many wounded people that have been hurt by "words" from their parents, spouses, or employers. These words have penetrated deep into their souls and have held them back. Many are bound by the negativity of these words telling them that they "have no value," that "they will never amount to anything," or they are failures. Many have been compared to siblings that could do things better and were told they would never "measure up" to the sibling. Others have been compared to someone that failed and have heard things like "you're just like your father", or you are just like someone else in the family that failed.

These words are all lies from the devil, spoken to destroy you. Words are powerful. In Proverbs 18:21 it says, "**Death and life are in the power of the tongue: and they that love it shall eat the fruit thereof.**" One thing I admire about Jewish families is that they were taught to speak life and blessing over their children. God wanted them to know that life-speaking words bring life and death-speaking words produce death.

Who says you can't do something? ***It isn't God.*** In Philippians 4:13 it says, "***I can do all things through Christ which strengtheneth me.***" It comes through Christ, not your own strength. The word Christ isn't Jesus' last name. It means the anointed one. Through the anointing of Christ, we are equipped to do all things. I happen to believe that God can't lie, so this verse is for me, and for you. Don't let the devil rob you of all the things God wants to do to and through you. God's plan is good. He isn't holding you back.

Forgive those that imparted defeating words into you and put it under the blood of Jesus Christ. Rise up in newness of life and go forward knowing that God is on your side. He makes you more than able to do all things!