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LISTENING TO THAT INNER VOICE

I was sitting at my computer years ago watching a revival that was taking place. I had been in a lot of pain in my joints, and I was believing for a healing. Suddenly I heard the voice of the Holy Spirit speak to me. What I heard was, “nightshade.”

I had never heard of “nightshade.” I did not know what it was. Perhaps it was something you put on a window. Smiles. I looked it up and what I learned was interesting. This is what it said:

Nightshade is a family of plants that includes tomatoes, eggplant, white potatoes, and peppers. Tobacco is also in the nightshade family. Nightshades are unique because they contain small amounts of alkaloids. There is much evidence that nightshades can produce pain mimicking arthritis.

After hearing what the Holy Spirit said to me and researching nightshades, I realized that I was eating a lot of potatoes and tomatoes. I cut them out of my diet and the pain went away.

Over the years I added some tomatoes back into my diet and a few months ago was again experiencing a lot of joint pain. Then, I heard the Holy Spirit say again, “nightshade.” I repented immediately for not following His earlier lead and stopped eating tomatoes. What happened? The pain left.

God wants us to have good health mentally and physically. When we pray, we must listen until he speaks even if what we hear is strange, and then act on it. The best friend we have is the Holy Spirit, and as it says in John 16:13, ***“Howbeit when he, the Spirit of truth, is come, he will guide you into ALL truth: for he shall not speak of himself; but whatsoever he shall hear, that shall he speak: and he will shew you things to come.”***

We cannot go wrong when we listen to the inner voice of the Spirit. I am so glad I listened and now have no pain. Are you listening to that inner voice? It will always line up with the Word of God. Do not discount what He says to you as being odd, it might just save you pain or even your life.