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DEMONIC CONTROLS – POSSESSION

There are various ways a strong demon can exercise considerable control in a person's life. The major ones are possession, recession, obsession, oppression, and depression. (P.R.O.O.D.).

The most severe one is possession. This is when a demon (often accompanied by other demons) is actually able to take full control of a person, body, soul, and spirit. The demon may allow the person a certain measure of self-control at the demon's discretion. In the most severe cases, the person may end up in an asylum or a psych ward.

Many mental health issues (though not all) are the result of demonic influence. Demon possession manifests as the most severe, while recession, obsession, oppression and depression may cause mental health issues as well.

A person who is demon possessed is unable to get free on their own. Something has occurred in their life that has granted the demon or demons the legal right to take possession or control of the person.

A born-again believer cannot be demon possessed because Holy Spirit has redeemed their spirits through the blood of Jesus. Only unbelievers can be possessed. However, believers and unbelievers alike can be subject to demonic attacks or attachments that lead to recession, obsession, oppression, or depression since the demon does not have "control" of the person to inflict the attacks leading to these problems.

In order for a demon possessed person to be set free, it takes a spiritual deliverance to "cast out" the spirit or spirits. This deliverance is ministered through mature spirit-filled believers. It often (though not necessarily always) takes two or more believers working together (with one taking the lead) to bring about a successful deliverance. The minister is truly "at war" against the demon. Victory only comes through the Word, the Name, and the Blood of Jesus.

It is helpful to speak the name of the demon. When you call him out by name, he knows Holy Spirit has exposed him and he can no longer hide (as they usually try to do). This is where the gift of the discerning of spirits comes in. Demons do not wish to be identified. When Holy Spirit brings out the name by your tongue, the demon feels exposed and a bit more vulnerable.

Once the demon(s) has been cast out you need to deal with the person on the matter of their salvation. If they do not receive Christ and "get saved" from their sin and have the covering of Jesus' blood and the indwelling of the Holy spirit, the demon may later come back and bring others with him. The person may be worse off than before.

Rest assured that you as a believer are not possessed nor can you be. Praise God for that!