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SAYING NO TO STINKIN THINKIN

God made us spirit, soul, and body. Our mind, which is our soul, is a magnificent piece of art. It has the capacity to retain memories greater than any computer. Because of this ability, it is often hard to let go of certain memories that bring pain to us.

Unlike God, who can cast our sins into the sea of forgetfulness and never remember them, we tend to hold on to memories that we should not hold on to. There is only one way to rid our minds of memories like this and it is through making a choice to not think about them.

In Philippians 4:8 Paul gives us some great advice. It says, ***“Finally brethren, whatsoever things are true; whatsoever things are honest, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report; if there be any virtue, and if there be any praise, think on these things.”***

If we take this verse seriously then there is no room for thinking about things that are lies, dishonest, unjust, impure, ugly, of a bad report and not virtuous. What we think about determines whether we live in victory or defeat.

Proverbs 23:7a says, ***“For as he [you and I] thinketh in his heart, so is he...”*** We become what we think about. We need to let go of the “stinkin thinkin” and think on the promises of God and not what the enemy brings to our minds. This is not something that happens overnight, it is a daily choice to think about the right things. It means crucifying the fleshly thoughts that come and saying to them, “no more” I choose to live by what God says and not the thoughts Satan fills my mind with.

Then we will have peace and live victoriously.