HELEN SANDERS 4-1-2025 THE BURDEN BEARER

There will be many times in your Christian walk that you become unable to take one step forward. You have carried the burden of others, and they are weighing you down. They have become so heavy that you feel you cannot take another step.

Jesus never asked you to carry any burden by yourself. In fact, it is the opposite. In Matthew 11:28-30 He gives us the answer. It says, "Come unto me, all ye that labour and are heavy laden, and I will give you rest. 29 Take my yoke upon you, and learn of me; for I am meek and lowly in heart: and ye shall find rest unto your souls. 30 For my yoke is easy, and my burden is light."

When you yoke with the Lord, he carries the load when you cannot. He helps you rest, and lets you know that He is now carrying the load and taking care of every burden.

So, give that burden to the Lord once and for all. Lay it at his feet and do not pick it up. He is stronger than you and will carry you and the burden. There will come a time when you are strong enough to carry a load again, but until then, let God be the burden bearer.