

RUSSELL SANDERS
THE POWER FROM FASTING AND PRAYER
PART 7
THE BENEFITS – LESSON 5

We saw yesterday that Jesus told us to do greater works than what He did while he was on earth. In Matthew 28:18-19b, he said, **“All power is given unto me in heaven and in earth. Go ye therefore...”** We are to go and do the works he did. He has promised that as we go to spread the gospel and to do his works and what we ask (or speak in his name) he will do it according to John 14:13-14.

The works of the Father, in Jesus’ name include, but are not limited to, healing the sick, the lame, blind, the crippled, and casting out demons. Also, we are to bring people to repentance unto salvation.

You may bring the dead or the dying back to life. Jesus did it at least three times as recorded. Most Christians, including ministers have never done that nor do they feel they can do it. But, through prayer and fasting, it can become a reality for you or any believer when led by the Holy Spirit. It happened to me.

I did much fasting and prayer from 1997 to 2000 A.D. I completed an extensive period of fasting in March of 2000. Over the next three years, up to February 2003, Jesus through the Holy Spirit had me pray for the dead or dying and they came back to life three times. Oddly enough, that is the same number of times Jesus did it.

I do not boast of this. I am even somewhat reluctant to bring it up, but I mention it only to show you the perfection of power through Jesus’ name that can come from fasting with prayer.

Jesus fasted and prayed often during his time on earth. If he needed to do it, how much more should we do it?

In Matthew 9:14-15 we see that the Pharisees questioned Jesus as to why his disciples did not fast as they did. Jesus told them that once he was gone, **“then they shall fast.”** (Matthew 9:15b.) They would no longer have Jesus with them in the flesh, so by fasting they would be strengthened in him.

Great power can come through fasting. It is power direct from Jesus.