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STALE BREAD

If you have ever eaten stale bread, you will realize that the only thing it really is good for is stuffing a turkey. It has lost its flavor and it has turned hard. I don't know about you, but stale bread never does what hot bread from the oven does!

Jesus called himself the bread of life. He alone can satisfy that hunger that we have. He truly was the manna that was given each day in the wilderness. He is the one that feeds us through the word. He called himself the **"bread of life"**. (John 6:35.)

Jesus being the Word of God and the Bread of Life reveals himself to us through the written word. As we "eat of it" daily, we receive fresh food. Fresh bread. Just like his faithfulness is renewed every morning so is this bread if we partake of it daily. It is never stale.

Some of you may study the word daily, but it takes more than just studying it. It takes eating it and letting the words "digest" into your spirit. This builds up your faith. It gives you the words you need as you wield the sword of the Spirit, which is the word of God.

I would not eat something that I didn't know was good for me, but I can assure you that the Word of God is always fresh and never stale. It is always good to partake of it.

When you take Holy Communion, it is taking the bread which represents his body. Every time you do this it puts you in remembrance of what Jesus has done for you. He doesn't want us to just have a bite. He wants us to eat of the living bread, the Word of God, until we are so filled up that we bring it forth to others. And he also wants us to hunger for his bread. What a God we serve that ministers this food fresh to us daily. There is no stale bread with him.

Why settle for yesterday's stale bread when you have fresh bread available every day? **"O taste and see that the Lord is good."** (Psalm 34:8.)