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PRAYING IN THE HOLY SPIRIT

Romans 8:26 (NKJV) says, ***“Likewise the [Holy] Spirit also helps in our weaknesses. For we do not know what we should pray for as we ought, but the Spirit Himself makes intercession for us with groanings which cannot be uttered. [understood.]”***

We may think that we know best how to pray, especially when it is for ourselves. However, we do not see ourselves or particular situations the same way as God sees them. Only He knows what is best. That is why we go to prayer in tongues and let God the Holy Spirit intercede on our behalf.

Jude 20 addresses this matter. It says (NKJV) ***“But you, beloved, building yourselves up on your most holy faith, praying in the Holy Spirit.”*** That means as you pray in other tongues [unknown languages] from the Holy Spirit, you are being built up and strengthened in ways that would not have happened any other way. This is because only God, the Holy Spirit, knows best how you need to pray for yourself.

Your words are very powerful when spoken, regardless of whether you speak in tongues or in a language you understand. Words (prayers) that are spoken with your own understanding are powerful. However, we often do not know what we need in the same way that God knows what we need. Therefore, as we pray in the Spirit (other tongues), the words that Holy Spirit give through our mouth are likewise very powerful and effective. This is true even if our natural mind may not understand what “we” spoke in tongues.

Also, there are times when our travail (prayer) is so deep (gut rending) that we can only utter groanings. Yet, this is from the Holy Spirit also, and God understands the meaning of these groanings. He understands them as well as if they were spoken words. I believe those groanings, infrequent as they may be, carry even deeper passion or meanings beyond the words spoken in tongues.

The point of these scriptures is that we really need to pray often and allow other tongues (unlearned languages) to flow out during our prayer time. This is one way that Jesus, through the Holy Spirit determines how to make intercession for us.

It is also important in interceding in tongues for other people or unknown situations.

Pray in the Holy Spirit [unknown tongues] often when you pray. It “builds us up” and strengthens us.