

HELEN SANDERS  
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PRAISE THE LORD

**Praise the Lord.** Such a short little phrase, yet it is full of power. Praise is actually a weapon. The last psalm says **“let everything that hath breath praise the Lord!”** Enemies flee when we Praise God. Satan cannot stand to hear praise. It defeats his plans to destroy us. Praise on our lips will bring healing to our lives. Proverbs 22:17 says that **“a merry heart doeth good like a medicine, but a broken spirit drieth the bones”**.

Wow! Just think— your praise and your joy can actually be a prescription for healing. I have been guilty of being negative, and it certainly doesn't bring good life! It makes a person miserable to themselves and those around them. Praise God in the good times! Praise God in the not so good times! Praise Him in the storms, Praise Him in the calm. Praise will bring turnarounds.

Look into your heart today. Is it a place of praise, or is it a place of doubt, fear, unbelief and negativity? It can change! You have to make the choice. God wants praise on our lips. Ephesians tells us that we are to get rid of all bitterness, wrath, anger and clamor. Oh my, you would say...you don't know my circumstances. True, I don't, but God's word doesn't lie. Make a choice today to take a spiritual RX of praise, and you, like me, will find that it is the best medicine you have ever taken. Be blessed!