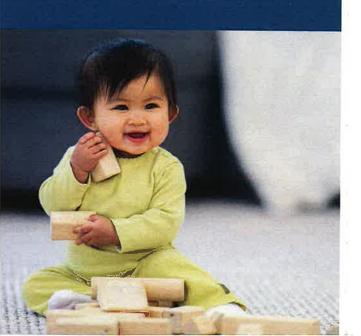


IMPORTANT: Use the chart inside this brochure as a quick way to help you keep track of your child's vision, hearing and development. It is not intended to be a developmental test, evaluation or assessment.



Contact us for a referral to an Early Support for Infants and Toddlers (ESIT) provider near you.





Scan the QR code or contact us using the information below.



PCFRC@piercecountywa.gov

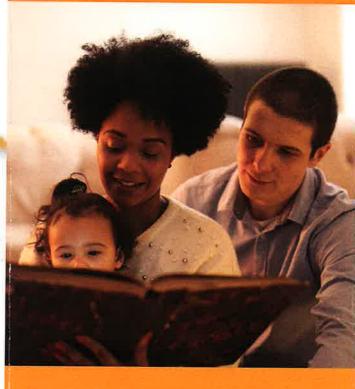


PierceCountyWA.gov/ESIT



253-798-3790

Early Support for Infants and Toddlers (ESIT)



Track your child's developmental milestones.





toys

Growth and BIRTH TO 3 Growth and Development

☐ Take off socks and shoes

The following information was provided by the Washington State Department of Children, Youth & Families. For updates, please see the publication Birth to Six Development Chart (FS_0030) available online at www.dcvf.wa.gov/sites/default/files/pubs/FS_0030.pdf

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MAN SERVICE			
Milestones by Age	6 to 12 Months - Does your child	18 months to 2 years - Does your child	☐ Look at people and things
Birth to 3 Months - Does your child Lift their head/chest when on their stomach	☐ Transfer objects from one hand to the other ☐ Feed themselves finger food ☐ Imitate waving bye-bye	☐ Look at story book pictures with an adult☐ Make simple choices among toys (puzzles or trucks)	without eyes crossing or squinting (after 9 months) Have eyes that are clear, not red or watery
☐ Move their arms and legs easily☐ Follow your movements by turning	Let you know their needs with motions and sounds	Copy another child's play (pouring sand, throwing ball)	Hearing
their head side to side ☐ Easily take a bottle or breast and suck well ☐ Startle or cry at sudden loud noises ☐ Look at you, watch your face ☐ Make gurgling or cooing sounds ☐ Smile in response to your smile or	☐ Copy speech sounds ("ba-ba", "ga-ga") ☐ Take turns while playing with adult (actions, sounds or facial expressions) ☐ Let you know they understand a simple question ("Do you want some more?") ☐ Know parents from strangers	2 to 3 years - Does your child Walk well, run, stop, step up, and squat down Stack 3 or more objects Use the spoon and cup all by	Does your child ☐ Show awareness of home noises (phone, door knock, TV) ☐ Use a voice that's not too loud or soft ☐ Play with toys that make a
talk Quiet easily when comforted	12 to 18 Months - Does your child	themselves Follow two-step directions ("Get the	noise (rattle, bells) Imitate sounds (after 1 year)
3 to 6 Months - Does your child	☐ Walk alone ☐ Pick up small objects (raisin size) ☐ Put objects in and dump from	book and put it on the table") Name five to six of their body parts Take part in simple conversation	☐ Use some word endings ("s" or "ing") after age two ☐ Follow verbal directions
 ☐ Play with feet when on their back ☐ Lift their head/chest with their weight on hands when on their stomach ☐ Hold their head upright and steady without support ☐ Roll from stomach to back and back to stomach 	containers Put one object on top of another Feed themselves with spoon Say two or three different words in addition to "Mama" or "Dada" Ask for things using words Hold and drink from a cup with some spilling	 ☐ Answer simple "what" and "what do" questions ("What do you want for lunch?") ☐ Point to or name objects when told their use ("What do you drink with?") ☐ Help with simple tasks (picking up toys) ☐ Use 2-3 word sentences regularly 	 ☐ Maintain a moderate volume on the TV or radio ☐ Listen to stories, records or TV without difficulty ☐ Speak so most people can understand (if older than 2.5 years) ☐ Come to you when called from
☐ Play with their own hands by touching them together☐ Reach for a toy	Point to several things or pictures when named	Vision Does your child	another room (after 2 years)
☐ Reach for a toy ☐ Pick up a toy placed within reach ☐ Turn their head toward sounds ☐ Make lots of different sounds ☐ Laugh out loud ☐ Try to show likes and dislikes	18 months to 2 years - Does your child □ Walk up/down stairs with their hand held □ Scribble □ Move their body in time to music	☐ Make eye contact (look at your eyes) ☐ Follow moving objects with their eyes ☐ Walk or crawl without frequently bumping into objects ☐ Look at people and things using both	Pierce County Early Support for Infants and Toddlers (ESIT) is available in your community. All children grow and develop in unique ways. If you have concerns about
6 to 12 Months - Does your child	☐ Put two words together ("more juice") ☐ Begin to ask questions ("Juice?"	eyes Hold objects at normal distance (after	your child's development, contact ESIT today.
☐ Pull themselves to stand with some help ☐ Sit without help while playing with	"Bye-bye?") Feed themselves a sandwich, taking bites	6 months) Walk or crawl smoothly across shadows or areas that look different	253-798-3790 PCFRC@piercecountywa.gov

(carpet, tile)