

Rewards+ Program

Taking Care of Yourself Can Be Rewarding!

As a Central Health Medicare Plan member, you are eligible to earn valuable rewards just for taking healthy actions – like completing your member Passport or your Health Risk Assessment (HRA). Complete your health activities before December 31 to earn your rewards.

\$100 Passport to a Healthy You

Central Health Medicare Plan will mail the passport booklet that contains health information in the summer. Please read the instruction regarding how to complete the passport in order to earn the reward.

\$25 Health Risk Assessment (HRA)

Answer the HRA questionnaire and return form in the pre-paid envelope in order to earn the reward.

\$15 Diabetes Mellitus Class

Central Health Medicare Plan will mail the class invitation to diabetic members quarterly. Please register and attend the class. Attendance will be taken during the class and the reward will be based on the attendance.

When you complete your first Rewards+ activity, the reward will be loaded to your Flex Card. As you complete more Rewards+ activities, additional reward funds will be loaded onto your Flex Card. You may use your Rewards+ reward dollars on a wide variety of products at eligible retailers. We will keep adding rewards as you earn them throughout the year, so hold onto your card!

You may use your Flex Card's Rewards+ reward at the following types of retailers:

- Grocery stores, supermarkets
- Convenience stores, markets, specialty stores, and vending machines
- Bakeries, eating places and restaurants (except for fast food restaurants and bars) *
- Electronics sales
- Household appliance stores
- Hardware, lawn, and garden supply stores
- Gas stations

* Please note your Rewards+ reward cannot be used at wholesale clubs, discount retailers, or drugstores/ pharmacies, fast food restaurants, and provider offices.

Check your balance

To check your balance, please visit [CentralHealthPlan.NationsBenefits.com](https://www.centralhealthplan.com/Materials/Reward) or call [1-866-876-8637](tel:1-866-876-8637), TTY 711.