

Irish Moss and Bladderwrack Capsules ground fresh on order.





Packed with everything the Human Body Needs

Bladderwrack and Irish Moss contains 92 of the 102 minerals our body is made of.

Bladderwrack is rich in iodine, calcium, magnesium, potassium, sodium, sulfur, silicon, and iron and is high in some complex B vitamins. It also contains moderate amounts of phosphorous, selenium, manganese and zinc and small amounts of vitamins A, C, E and G. Also some anti-sterility vitamin S as well as vitamin K. It is rich in algin, carotene, bromine.

Irish Moss, is rich in sulphur compounds, protein, calcium, iodine, bromine, iron, selenium, potassium, magnesium, phosphorus, zinc, manganese, pectin, mineral salts, A, B, C, D and B vitamins.

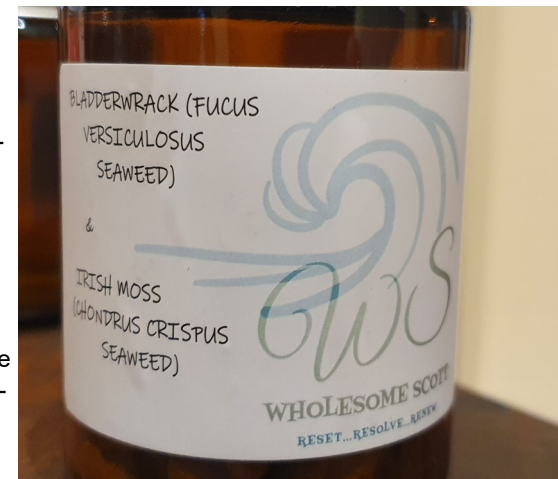
IRISH MOSS & BLADDERWRACK



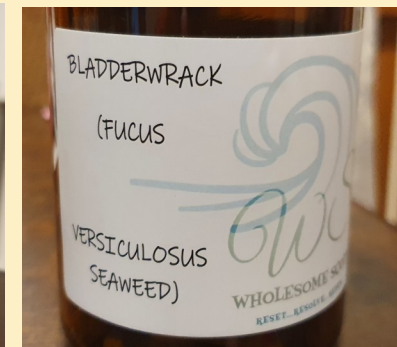
Chondrus Crispus & Fucus Vesiculosus

The Blend

Reduces **Hangovers** and inflammation, dissolves mucus, anti-microbial, is an anti-viral, alleviates stomach issues, removes heavy metals, helps in weight loss, clear skin, fights iron deficiency, fights constipation, improves digestion, supports a healthy brain, lungs & bones. Improves thyroid function, the immune system, joints, helps increase energy levels, better quality sleep, improves libido & much more.



Supports Healthy Hair, Skin and Nails



Bladderwrack— contains considerable amounts of iodine. It can help regulate thyroid function, aids in weight loss and is a laxative. Supports mental health and reduces anxiety, anti-viral, anti-microbial, and helps aid eye health. It can help reduce symptoms of PMS, reduce the appearance of cellulite and improves skin elasticity, slowing the signs of ageing, fights iron deficiency, dissolves mucus, promotes healthy digestion and reduces the risk of coronary disease. It reduces absorption of heavy metal toxins such as barium and cadmium and helps the body prevent absorption of radioactive strontium 90, and has an enormous supply of essential nutrients including protein, essential fatty acids, fibre, sodium and potassium salt. The trace mineral content of Bladderwrack is among the highest of any single known source.

Irish Moss (Sea Moss) - contains 92 minerals, boosts immunity, reduces inflammation, supports mental health, anti-viral, anti-fungal, removes mucus, supports blood cell production, aids digestion, supports bone, muscle and joint health, supports a healthy heart, promotes a healthy thyroid and good digestion, supports a healthy immune system, improves metabolism, helps maintain a healthy weight, supports healthy hair, skin and nails, improves libido, is a great post work out tonic and much more.

WARNING: ALWAYS CONSULT A MEDICAL PROFESSIONAL BEFORE USING SUPPLEMENTS.

**Try Wholesome Scott's
Hangover Helper...the
proof is in the pudding.**

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