

Hotlines, Warmlines, and Suicide Prevention:

National Suicide Prevention Hotline: <https://suicidepreventionlifeline.org/> or 1-800-273-8255

Text to talk 741741

Lewis and Clark Suicide Prevention Coalition: <https://lcsuicideprevention.org/>

Veterans Crisis Line: 1-844-395-1271

Montana Warmline: montanamentalhealth.org or 1-877-688-3377

Addiction Treatment Help Line: 877-887-5016

SAMHSA's National Helpline: 1-800-662-4357

The Trevor Project Trevor Lifeline Trans Lifeline: 1-866-488-7386

Trans Lifeline: 1-877-565-8860

LGBT National Hotline (all ages): 1-888-843-4564

Montana 211 <https://montana211.org/index.php>

Local/National Resources:

Mental Health America of Montana: montanamentalhealth.org 406-587-7774

National Institute of Mental Illness: nimh.nih.gov

Awareness Network: awarenessnetwork.org

Instar Community Services: instarhelena.com 406-422-4828

Helena Indian Alliance: helenaindianalliance.com 406-422-9244

M.I.L.P (Montana Independent Living Project): 406-442-5755

St. Peter's Hospital Behavioral Unit: 406-495-6561

Center for Mental Health: 406-443-7151 center4mh.org

AWARE Inc: 406-449-3120 aware-inc.org

Florence Crittenton Home: 406-442-6950

Boyd Andrew Chemical Dependency Services: 406-443-2343

Alcoholics Anonymous: 888-607-2000 www.aa.org

Narcotics Anonymous: 818-773-9999 www.na.org/

SAMHSA: www.samhsa.gov

Voices of Hope: 406-268-1337

Montana Mental Health Ombudsman (help navigating system): 888-444-9669

Montana Child and Family Ombudsman: 844-252-4453

The National Alliance on Mental Illness of Montana (NAMI Montana): 406-443-7871

Addictive and Mental Disorders Division (State Agency for Adult Mental Illness): 406-444-3964
Montana Children's Mental Health Bureau: 406-444-4545
Montana Youth Homes (children counseling): 406-449-3038
Drop-In Center: 406-442-1374
Intermountain: intermountain.com 406-442-7920
Shodair Children's Hospital: 406-444-7500
Mental Health America of Montana: 877-927-6642
Montana Vocational Rehabilitation: 888-279-7531
Montana Peer Network: 406-551-1058
Vet-to-Vet PTSD Support: 406-447-7596
Vet Center: 1-877-927-8387
National Guard Family Assistance Center: 877-706-7598
Veterans Administration: 1-800-827-1000
Montana Brain Injury Alliance Help Line: 1-800-241-6442
Friendship Center: 406-442-6800
Montana State Hospital: 406-693-7000

Other Resources:

Montana 211 (information for nearby services): 406-268-1337
PureView Health Center: 406-443-2584
Leo Pocha Health Clinic: 406-449-5796
St. Peter's Community Hospital: 406-442-2480
St. Peter's North Clinic: 406-447-2488
St. Peter's Urgent Care: 406-447-2488
Fort Harrison VA Medical Clinic: 877-468-8387
Montana Medicaid: 406-444-1700
Healthy Montana Kids Health Coverage: 1-877-543-7669
Medicaid Help Line: 800-362-8312
- Local: 406-444-1700
Medicare Information: 800-633-4227
Montana Mental Health Services Plan: 406-444-9330
Planned Parenthood: 406-443-7676
Meals on Wheels: 406-447-1680