

## Weight Assessment and Counseling

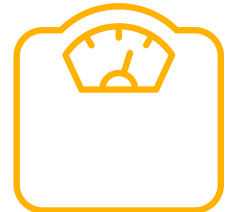
Capture BMI percentile, nutrition and physical activity at every visit - including sick visits

- BMI is an important part of our patient's health and helps support the health system as a CPC Kids and HEDIS measure

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### Weight Assessment and Counseling CPC Kids Definition

The percentage of members 3–17 years of age who had an outpatient visit with a PCP or OB/GYN during the measurement year and had evidence of: Body mass index (BMI) percentile documentation, counseling for nutrition and counseling for physical activity.



\*Because BMI norms for youth vary with age and gender, this measure evaluates whether BMI percentile is assessed rather than an absolute BMI value.

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[Click Here](#) for the UH Quality Measure Guide to find exclusions, documentation tips, best practices and best coding practices.



[Click Here](#) for information on the pediatric weight management clinic, Pathways Toward Wellness, located at UH Landerbrook. In addition, a new Endocrinology Type 2 Diabetes Clinic is at this location once a month.

Please reference the PDF/attachment for access to links!