

At our chiropractic center our examinations procedures are geared toward detection and correction of the "**Vertebral Subluxation**" (click on this link for more information on *subluxations*). The procedures we use are therefore specifically selected for your spine and nervous system health. There are a couple of things that you should expect when you have a first visit at our clinic.

Our Examination consists of a thorough spinal and nervous system exam which includes "Palpation". Palpation essentially is checking your spine by hand. With this exam the doctor can feel areas of your spine that may be involved with *subluxations* problems. Spinal position, curvatures and muscle tone can also be examined as it relates to possible spinal *subluxations*. Your examination may also include some specialized equipment designed to better access your spine and nervous system. This examination could involve several components.

The first part of this examination process may involve reading spinal heat differences from one level of the spine to another, as well as from one side of the spine to the other. Heat is a by-product of circulation, which is controlled by the autonomic nervous system. From this we can see how *subluxation* may be affecting these functions of your nervous system.

In the second part of this examination scans may be performed on the surface of your spinal area to evaluate surface electrical impulses and measure them along your spine. This helps measure the effect of *subluxation* on the motor nerve system and the affect *subluxations* may be having on your muscles.

The importance of each of these tests will be explained to you at your Report of Findings. However, it is important to note that this examination helps scientifically understand the *subluxation* processes going on in your spine. It

also gives us a baseline for future tests so we can accurately measure your progress to see how your spine is correcting and your nervous system is functioning. Using these examination procedures is much more accurate than just depending on "how you feel" on any given day.

Spinal X-rays may be taken depending on your age, and situation. There are many reasons why we would not take x-rays on certain patients including pregnancy, most children, recent usable spinal x-rays and some other various situations. Aside from these situations, x-rays are a common part of the examination process when looking for vertebral **subluxations**. X-rays give us important information including the position of the spinal bones, and the quality of the spine and safety of adjusting it. X-rays also tell us the relative length of time **subluxations** may have been involved in your spine. Commonly, most patients receive three spinal x-rays at the beginning of care.

With this important information we can make a more accurate determination of the type of adjustments your spine needs as well as the ongoing frequency of your care. Your x-rays will be explained to you and covered in detail at your Report of Findings. You will be scheduled for your Report of Findings within a few days of your initial visit. This visit is your most important visit and may take up to one hour. It is at your Report of Findings that we will give you a care plan and go over any special instructions you will need to obtain the best and fastest possible results. We have set aside specific times for these visits so as not to interfere with regular patient care hours. Our staff will schedule your Report of Findings with you after your first visit.

Our Chiropractic Care utilizes the most modern chiropractic analytical, and adjustive procedures and equipment available. We consider **subluxations** to be a serious threat to the quality and quantity of your health and that of your

family. It is therefore imperative that we utilize the most modern, and the well established time-proven procedures to help you. We feel you're worth it!