

## Notes Sheet: Holy Eucharist

Episcopal 101

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### Gathering Questions:

- What comes to mind when you hear “Holy Eucharist”?
- What have you been taught about this Sacrament?

### Section One: Catechism

- Catechism (Page. 859)

### Section Two: Real Presence of Jesus Christ

- Anglicanism is committed to: **Real Presence**
  - Transubstantiation is a belief in a **WAY** Real Presence occurs
  - We would *not* go as far as to say it ceases to be bread or wine
  - something more is going on here
  - We remain silent on defining the exact mode of presence
  - but trust the promise that it is what Christ said it is; His Body and his Blood
- *Ask Fr. Josh about Reserving in the Tabernacle and Eucharistic adoration*
- *Ask Fr. Josh about how he understands Christ to be really present*

### Section Three: The Liturgy

- The Holy Eucharist is one total act of praise and prayer to God the Father, by the power of the Holy Spirit, as the Living Body of Christ.
- Both **Word** and **Sacrament** are high points- we are fed by Christ and encounter him in REAL ways in both
- **We become what we receive** in the celebration: the Body of Christ broken for the world and the blood of Christ poured out for the world in service and mission
- **There is an intentional shape to the liturgy** that transforms us along the way.
- Notice what each step of the liturgy directs your attention to- you'll be surprised!

*We will now take a look at a liturgy and go over some terminology*

**Books:**

- *The Spiritual Meaning of the Liturgy* by Goffredo Boselli
- *Inhabited by Grace: Way of Incarnate Love* by William Daniel
- *The Liturgy Explained* by James Farwell
- *The Holy Eucharist Rite Two: a Devotional Commentary* by Donald Parsons