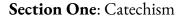
### **Notes Sheet: Holy Eucharist**

Episcopal 101

The Rev. Joshua Barrett Tracey

#### **Gathering Questions:**

- What comes to mind when you hear "Holy Eucharist"?
- What have you been taught about this Sacrament?



- Catechism (Page. 859)

#### Section Two: Real Presence of Jesus Christ

- Anglicanism is committed to: Real Presence
  - Transubstantiation is a belief in a **WAY** Real Presence occurs
  - We would *not* go as far as to say it ceases to be bread or wine
  - something more is going on here
  - We remain silent on defining the exact mode of presence
  - but trust the promise that it is what Christ said it is; His Body and his Blood
- Ask Fr. Josh about Reserving in the Tabernacle and Eucharistic adoration
- Ask Fr. Josh about how he understands Christ to be really present

## Section Three: The Liturgy

- The Holy Eucharist is one total act of praise and prayer to God the Father, by the power of the Holy Spirit, as the Living Body of Christ.
- Both **Word** and **Sacrament** are high points- we are fed by Christ and encounter him in REAL ways in both
- We become what we receive in the celebration: the Body of Christ broken for the world and the blood of Christ poured out for the world in service and mission
- There is an intentional shape to the liturgy that transforms us along the way.
- Notice what each step of the liturgy directs your attention to- you'll be surprised!

We will now take a look at a liturgy and go over some terminology



# **Books:**

- The Spiritual Meaning of the Liturgy by Gofferdo Boselli
- Inhabited by Grace: Way of Incarnate Love by William Daniel
- The Liturgy Explained by James Farwell
- The Holy Eucharist Rite Two: a Devotional Commentary by Donald Parsons